SEC Form 4	
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FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Check this box if no longer subject to lection 16. Form 4 or Form 5 bligations may continue. <i>See</i> Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

OMB APP	ROVAL
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hours per response:		0.5

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1. Name and Address of Reporting Person [*] O'Leary Richard				IN	2. Issuer Name and Ticker or Trading Symbol INTERNATIONAL FLAVORS & FRAGRANCES INC [IFF]										heck al	l appl Direct Office	icable) or r (give title	ıg Per	rson(s) to Iss 10% Ov Other (s	vner	
(Last) (First) (Middle) 521 WEST 57TH STREET					3. Date of Earliest Transaction (Month/Day/Year) 04/15/2016											A below) Controller					
(Street) NEW Y((City)			10019 (Zip)		4. If	Ame	ndmen	t, Date	e of C	Driginal F	iled	(Month/E	Day/Ye	ear)		ne) X	=orm	filed by One	e Rep	ig (Check Ap porting Perso an One Repo	'n
		Tab	le I - Nor	n-Deriva	ative	Se	curiti	es Ao	cqu	iired, D	Disp	osed	of, o	r Ber	neficia	lly O	vne	d			
1. Title of Security (Instr. 3) Date (Month/D					ar) E	2A. Deemed Execution Date f any Month/Day/Yea		e, Transaction Di Code (Instr. 5)			4. Secu Dispose 5)			4 and Se Be Ov		5. Amount of Securities Beneficially Dwned Following Reported		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership		
									Code	v	Amount	:	(A) or (D)	Price	Tr	Transaction(s) (Instr. 3 and 4)				(Instr. 4)	
		Т	able II - (Derivat (e.g., pເ												y Owi	ned		·		
1. Title of Derivative Security (Instr. 3)	erivative Conversion Date Execution Date, ecurity or Exercise (Month/Day/Year) if any				. 5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)			Expiration Date Amount of						8. Price o Derivativ Security (Instr. 5)		ive derivative y Securities		10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Natur of Indired Beneficia Ownersh (Instr. 4)		
					Code	v	(A)	(D)	Dat	e ercisable	Ex	piration te	Title		Amount or Number of Shares						

Explanation of Responses:

(1)

Stock

Unit

Equivalent

1. The Stock Units ("Units") convert to Common Stock on a one-for-one basis.

04/15/2016

2. Units under the Company's deferred compensation plan resulting from (a) deferral of compensation and Company match (in shares), (b) premium (in shares) to participants deferring compensation into Units and (c) dividends (in shares) on Units. 3 of the acquired Units are subject to vesting based on employment through December 31, 2017.

(2)

Nanci Prado, attorney in fact

04/19/2016

1,188

D

** Signature of Reporting Person

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\$119.99

(2)

Common

Stock

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

04/18/2016

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

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(A) (D)

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Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.