Form 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, DC 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

[_] Check box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See instructions 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 **or** Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person*	2. Issuer Name and Ticker or Trading Symbol	6. Relationship of Reporting Person(s) to Issuer (Check all applicable)
Mirzayantz Nicolas	**International Flavors & Fragrances Inc. ("IFF")**	[_] Director [_] 10% Owner [X] Officer (give title below) [_] Other (specify below)
(Last) (First) (Middle)	3. I.R.S. Identification Number of Reporting Person, if an entity (voluntary)	4. Statement for Month/Day/Year **02/14/03**	**Vice President**

c/o International Flavors & Fragrances Inc. 521 West 57th Street

(Street)

New York,   NY   10019

5. If Amendment, Date of Original (Month/Day/Year)	7. Individual or Joint/Group Filing (Check Applicable Line) [X] Form filed by One Reporting Person [_] Form filed by More than One Reporting Person

(City)   (State)   (Zip)

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (mm/dd/yy)	2A. Deemed Execution Date, if any (mm/dd/yy)	3. Transaction Code (Instr. 8) Code	V	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5) Amount	(A) or (D)	Price	5. Amount of Securities Beneficially Owned Following Reported Transaction (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Common Stock	**2/14/03**		**M**		**7,768**	**A**	**$17.9375**			
Common Stock	**2/14/03**		**S**		**7,768**	**D**	**$32.00**			
Common Stock	**2/18/03**		**M**		**1,700**	**A**	**$17.9375**			
Common Stock	**2/18/03**		**S**		**1,700**	**D**	**$32.00**			
Common Stock								**1,748(1)**	**D**	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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(Over)
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FORM 4 (continued)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr.3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date (Month/Day/Year)	4. Transaction Code (Instr. 8) Code	V	5. Number of Derivative Securities Acquired (A) or Disposed of(D) (Instr. 3, 4 and 5) (A)	(D)	6. Date Exercisable and Expiration Date (Month/Day/Year) Date Exercisable	Expiration Date	7. Title and Amount of Underlying Securities (Instr. 3 and 4) Title	Amount or Number of Shares	8. Price of Derivative Security (Instr. 5)	9. Number of Derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form of Derivative Security: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
Option (Right to Buy)(2)	**$17.9375**	**2/14/03**		**M**			**One**	**(3)**	**(4)**	**Common Stock**	**7,768**	**$0.00**		**D**	
Option (Right to Buy)(2)	**$17.9375**	**2/18/03**		**M**			**One**	**(3)**	**(4)**	**Common Stock**	**1,700**	**$0.00**	**Twelve (5)**	**D**	

Explanation of Responses:

(1) **Includes 513 shares acquired under the IFF Global Employee Stock Purchase Plan as of December 31, 2002.**
(2) **Stock options granted under Issuer's stock option plans.**
(3) **The options vest in four equal installments each based on Issuer's Common Stock achieving certain pre-established price targets.**
(4) **The earlier of 11/14/07 or six months and one day after Issuer's Common Stock achieves a pre-established price target.**
(5) **Covering an aggregate of 156,532 shares of Issuer's Common Stock.**

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

/s/ DENNIS M. MEANY	February 18, 2003
**Signature of Reporting Person	Date

Dennis M. Meany
Attorney-in-fact

Note: File three copies of this Form, one of which must be manually signed.
If space is insufficient, see Instruction 6 for procedure.

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