SEC Form 4	
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FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

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1. Name and Address of Reporting Person [*] O'Leary Richard					2. Issuer Name and Ticker or Trading Symbol <u>INTERNATIONAL FLAVORS &</u> <u>FRAGRANCES INC</u> [IFF]									neck all app Direct	ationship of Reporting k all applicable) Director Officer (give title		son(s) to Is 10% O Other (wner
(Last) 521 WE	(F ST 57TH S	,	(Middle)	3. Date of Earliest Transaction (Month/Day/Year) 04/06/2017									A below			below)		
(Street) NEW YO	ORK N	ΙY	4. If Amendment, Date of Original Filed (Month/Day/Year)								Lin	6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting						
(City)	(5	· · · · · · · · · · · · · · · · · · ·	(Zip)											Perso				
		Tab	le I - Nor	n-Deriv	ative Se	curities A	cqu	ired,	Disp	osed	of, o	or Ben	eficia	lly Owne	d			
1. Title of Security (Instr. 3) 2. Trans Date (Month/I					2A. Deemed Execution Date, if any (Month/Day/Year)		Transaction		4. Securities Acquired (A Disposed Of (D) (Instr. 3, 5)		(A) or 3, 4 and	d Securit Benefic Owned			: Direct r Indirect str. 4)	7. Nature of Indirect Beneficial Ownership		
								Code	v	Amoun	t (A) or (D) Pr		Price	Transa	action(s) 3 and 4)			(Instr. 4)
		Т				urities Acc s, warrant								Owned				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deeme Execution if any (Month/Day	Date,	4. Fransactior Code (Instr 3)		Exp	Date Exe Diration Donth/Day	Date	Amount of				8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficiall Owned Following Reported Transactio	у	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)

					(Instr. 3, 4 and 5)							(Instr. 4)			
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Stock Equivalent Unit	(1)	04/06/2017	04/07/2017	A		1		(2)	(2)	Common Stock	1	\$133.04	1,774	D	

Explanation of Responses:

1. The Stock Units ("Units") convert to Common Stock on a one-for-one basis.

2. Units under the Company's deferred compensation plan resulting from deferral of compensation and Company match (in shares).

Nanci Prado, attorney in fact

04/10/2017

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.