FORM 5

Check this box if no longer subject to

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	$D \subset$	205/10
wasiiiigton,	D.C.	20549

	,	

OMB APPROVAL							
OMB Number:	3235-0362						
Estimated average burden							
hours per response:	1.0						

Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b) Form 3 Holdings Reported

ANNUAL STATEMENT OF CHANGES IN BENEFICIAL **OWNERSHIP**

Form 4	Transactions	Reported.	Fil	ed pursuant to or Section	o Section 30(h)	on 16(of the	a) of the Investm	Secu nent C	rities Excha Company Ac	nge Act o t of 1940	of 1934						
Name and Address of Reporting Person* Vaisman Hernan			INTER	2. Issuer Name and Ticker or Trading Symbol INTERNATIONAL FLAVORS & FRAGRANCES INC [IFF]					5. Relationship of Reporting Person(s) to Iss (Check all applicable) Director 10% Ov Officer (give title Other (s				6 Own	ner			
(Last) 521 WES	(FI ST 57TH ST	,	(Middle)		3. Statement for Issuer's Fiscal Year Ended (Month/Day/Year) 12/31/2012						ear)	X Officer (give title Offier (specify below) below) Group President, Flavors					
(Street) NEW Y(10019 (Zip)	4. If Amer	4. If Amendment, Date of Original Filed (Month/Day/Year) 6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person												
		Tab	le I - Non-Deri	vative Sec	uritie	s Ac	cquire	d, Di	isposed (of, or E	Beneficia	lly Owne	d				
Date (Month/Day/Year)		Execution D			Transaction Code (Instr.		4. Securities Acquired (A) or Dispos Of (D) (Instr. 3, 4 and 5)		r Disposed	5. Amour Securities Beneficia Owned at	es Own ally Form		ership Indi :: Direct Ben		lature of irect neficial nership		
					(World II) Days		Amou	ınt	(A) or (D)	Price	Issuer's F	Issuer's Fiscal Ind Year (Instr. 3 and (Ins		rect (I) (Insi			
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)			ate	7. Title and Amount of Securities Underlying Derivative Secur (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)			10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		11. Nature of Indirect Beneficial Ownership (Instr. 4)		
					(A)	(D)	Date Exercis	able	Expiration Date	Title	Amount or Number of Shares						
Stock Equivalent	(1)	12/31/2012		A	168 ⁽²⁾		(3)		(3)	Commo	n 168	\$0.0000	6,2	17	D		

Explanation of Responses:

- 1. The Stock Units ("Units") convert to Common Stock on a one-for-one basis.
- 2. Units acquired upon reinvestment of dividends accrued on units in the IFF Stock Fund under the company's deferred compensation plan during 2012. The acquisition of units with reinvested dividends is exempt from line item reporting under SEC rule 16a-11.
- 3. Not applicable.

By: Jodie Simon Friedman, attorney in fact

02/12/2013

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.