Form 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, DC 20549

OMB Number: 3235-0287

Expires: January 31, 2005

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

 Check box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See instructions 1(b).
Estimated average burden Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or

Instructions 1(b).		S	Section 30(h) of the	Investn	nent Company Act o	f 1940					
1. Name and Address of Reporting Perso Dunsdon James H.	2. Issuer Name and Ticker or Trading Symbol International Flavors & Fragrances Inc. ("IFF")						6. Relationship of Reporting Person(s) to Issuer (Check all applicable) [Director 10% Owner				
(Last) (First) (Middle) c/o International Flavors & Fragrances 521 West 57 th Street			4. Statement for Month/Day/Year 1/30/03				[X] Officer (give [] Other (specify title below) below below) Vice President				
(Street) New York, NY 10019			5. If Amendment, Date of Original (Month/Day/Year)				7. Individual or Joint/Group Filing (Check Applicable Line) [X] Form filed by One Reporting Person [_] Form filed by More than One Reporting Person				
(City) (State) (Zip)			Table I - Non	-Deriv	vative Securiti	es A	cquired, D	isposed of, or	Beneficia	lly Owned	
1. Title of Security (Instr. 3)	action D Date E	2A. Deemed Execution Date, if	3. Transaction Code (Instr. 8)		4. Securities Acquired (A) or Disposed (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned	ship Form: E	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
	aı	ny mm/dd/yy)	Code	v	Amount	(A) or (D)	Price	Following Reported Transaction (Instr. 3 and 4)	(I) (Instr. 4)		
Romindor: Poport on a constate line for each class of cost											

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(Over) SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

				-				-			-				
1.Title of Derivative Security (Instr.3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/ Day/ Year)	3A. Deemed Execution Date (Month/Day/ Year)	4. Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of(D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9.Number of Deriv- ative Secur- ities Bene- ficially Owned	10. Owner- ship Form of Deriv- ative Security: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Benefi- cial Owner- ship (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	ing Rej Tra act	Follow- ing Reported Trans- action(s) (Instr. 4)		
Stock Equivalent Unit	1-for-1	1/30/03	1/31/03	A		131		(1)	(1)	Common Stock	131	\$32.06	3,344	D	

Explanation of Responses:

FORM 4 (continued)

(1) Stock units ("Units") under the Company's deferred compensation plan resulting from (a) deferral of salary and Company match (in shares), (b) premium (in shares) to participants deferring awards into Units and (c) dividends (in shares) on Units. 26 of the acquired Units are subject to vesting based on employment through December 31, 2004.

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

DENNIS M. MEANY

January 31, 2003 Date

**Signature of Reporting Person

Dennis M. Meany Attorney-in-fact

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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