FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington D.C. 20549

wasinigton,	D.C.	20343	

OMB APPROVAL

OMB Number: 3235-0287

Estimated average burden

0.5

hours per response:

Check this box if no longer subject to
Section 16. Form 4 or Form 5
obligations may continue. See
Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* ADAME MARGARET HAYES					2. Issuer Name and Ticker or Trading Symbol INTERNATIONAL FLAVORS &								5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner						
					FRAGRANCES INC [IFF]								X	Director					
(Last) (First) (Middle)												_		below)	give title		Other (s below)	ресіту	
					3. Date of Earliest Transaction (Month/Day/Year) 05/06/2008														
(Street)				4.	4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Individual or Joint/Group Filing (Check Applicable Line)						
NEW Y	ORK N	Y	10019											X Form filed by One Reporting Person					
(City) (State) (Zip)			-									Form filed by More than One Reporting Person					ting		
		Tal	ble I - Non-D	erivativ	ve Se	curitie	es A	cqu	ired, D	isp	osed of	, or Ben	eficial	ly O	wned				
1. Title of Security (Instr. 3) 2. Transac Date (Month/Date)				te	Execution Date,			3. Transaction Disposed Of (D) (Instr. 3, 4) (Ode (Instr. 5)				4 and Securities Beneficia Owned Fo		s Formally (D) ollowing (I) (I		Ownership m: Direct or Indirect Instr. 4)	7. Nature of Indirect Beneficial Ownership		
									Code V	<i>,</i>	Amount	(A) or (D)	Price	т	Reported Transaction Instr. 3 au				(Instr. 4)
			Table II - De (e.ç								sed of, onvertib			Ow	ned				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Code (of E		Expi	. Date Exercisable and xpiration Date Month/Day/Year)		e and	7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)		9. Numbe derivative Securities Beneficia Owned Following Reported Transacti (Instr. 4)	e S Illy	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exer	e rcisable	Ex Da	piration te	Title	Amoun or Number of Shares						
Restricted Stock Units	\$0 ⁽¹⁾	05/06/2008		A		2,370		05/0	06/2011 ⁽¹⁾	05/	06/2011 ⁽¹⁾	Common Stock	2,370		\$0	2,370)	D	

Explanation of Responses:

1. Restricted Stock Units ("RSUs") granted under the Non-Employee Director Compensation Program. The RSUs must be deferred on vesting and are not payable until retirement or other termination of directorship. The RSUs convert to Common Stock on a one-for-one basis.

Remarks:

By: Dennis Meany, attorney in

** Signature of Reporting Person

<u>fact</u>

<u>05/07/2008</u>

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.