FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL OMB Number: Estimated average burden 0.5

7. Nature of Indirect Beneficial Ownership (Instr. 4)

footnote⁽²⁾

11. Nature of Indirect Beneficial Ownership (Instr. 4)

See footnote⁽²⁾

Check this box if no longer subject to
Section 16. Form 4 or Form 5
obligations may continue. See
Instruction 1(h)

Freemont Capital Pte Ltd

(First)

#03-00 8 ROBINSON ROAD, ASO BUILDING

(Middle)

(Last)

	ions may contii tion 1(b).	nue. See		Fil							urities Exchar Company Act		of 1934			hour	s per	response:	0
Winder Investment Pte Ltd				IN	2. Issuer Name and Ticker or Trading Symbol INTERNATIONAL FLAVORS & FRAGRANCES INC [IFF]									k all ap Dire	plicable) ctor	X 10% C		Owner	
I .					3. Date of Earliest Transaction (Month/Day/Year) 01/29/2020								Officer (give title Other (specify below) below)						
(Street) SINGAPORE U0 048544				4. 1	4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Individual or Joint/Group Filing (Check Applicable Line) Form filed by One Reporting Person X Formers filed by More than One Reporting						
(City)	(S	tate)	(Zip)											Λ	Pers	son			
		Tab	le I - N	Non-Deri	vativ	e Se	ecu	ırities <i>F</i>	cquir	ed, C	isposed o	of, or E	Benefi	cially	Own	ed			
1. Title of Security (Instr. 3) 2. Transac Date (Month/Date)				Execution (ear) if any			Code	action (Instr.	4. Securities Acquir Disposed Of (D) (In:				5. Amount of Securities Beneficially Owned Following Reported		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature Indirect Beneficial Ownershi (Instr. 4)		
									Code	V	Amount	(A) or (D)	Price			action(s) 3 and 4)			
Common	Stock			01/29/2	2020				P		52,295	A	\$135	.35(1)	20,	935,566		I	See footnote
Common	Stock			01/29/2	2020				P		21,000	A	\$136	.56 ⁽³⁾	20,	956,566		I	See footnote
		Ta	able II								posed of, convertib				wned				
1. Title of Derivative Security (Instr. 3) 2. Conversio or Exercis Price of Derivative Security		3. Transaction Date (Month/Day/Year)	Execu if any	Execution Date, if any		4. Transactior Code (Instr. 8)				ration	rcisable and Date //Year)	7. Title and Amount of Securities Underlying Derivative Security (Instr. and 4)				9. Number derivative Securities Beneficiall Owned Following Reported Transactio (Instr. 4)	Ownershi Form: Direct (D) or Indirect (I) (Instr. 4		Beneficia Ownersh t (Instr. 4)
					Code	v		(A) (D)	Date Exer	cisable	Expiration Date	Title	Amoun or Numbe of Shares	r					
1		Reporting Person*																	
(Last) #03-00 8	ROBINSC	(First) N ROAD, ASO	`	Middle)															
(Street) SINGAP	ORE	U0	0	48544		_													
(City)		(State)	(Z	Zip)															
1	nd Address of Foundati	Reporting Person*																	
(Last) ZOLLST	RASSE 16	(First)	(1)	Middle)															
(Street)	N	N2																	
(City)		(State)		Zip)															
1 Name ar	nd Address of	Reporting Person*					1												

(Street) SINGAPORE	U0	048544
(City)	(State)	(Zip)

Explanation of Responses:

- 1. Weighted average price. These shares were purchased in multiple transactions at prices ranging from \$134.95 to \$135.94 inclusive. The Reporting Person undertakes to provide to the Issuer, any security holder of the Issuer, or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares purchased at each separate price within the ranges set forth in footnotes (1) and (3).
- 2. The securities are directly held by Winder Investment Pte. Ltd. ("Winder"). Winder is a wholly owned subsidiary of Freemont Capital Pte Ltd. ("Freemont"). Freemont is a wholly owned subsidiary of Haldor Foundation ("Haldor"). Freemont and Haldor each disclaims beneficial ownership of the shares held by Winder except for its pecuniary interest therein.
- 3. Weighted average price. These shares were purchased in multiple transactions at prices ranging from \$135.99 to \$136.77 inclusive.

Remarks:

/s/ William Lexmond, Director of Winder Investment Pte Ltd.
/s/ Ernst Walch, Board Member of Haldor Foundation /s/
Andreas Schurti, Board
Member of Haldor Foundation
/s/ William Lexmond, Director of Freemont Capital Pte Ltd.
*** Signature of Reporting Person

01/31/2020

01/31/2020

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.