FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

l	OMB APPRO	VAL				
	OMB Number:	3235-0287				
l	Estimated average burd	en				
l	hours per response:	0.5				

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name ar	2. Issuer Name and Ticker or Trading Symbol INTERNATIONAL FLAVORS & FRAGRANCES INC [IFF]										k all appl Direct Office	or r (give title	g Per	10% Ov	wner				
(Last) (First) (Middle) 521 WEST 57TH STREET						3. Date of Earliest Transaction (Month/Day/Year) 09/27/2012									EVP) & Chief F	inan	below)	er
(Street) NEW YORK NY 10019				4. If Amendment, Date of Original Filed (Month/Day/Year)									Line)	i. Individual or Joint/Group Filing (Check Applicable ine) X Form filed by One Reporting Person Form filed by More than One Reporting					
(City) (State) (Zip)														Person					
		Tab	le I - Non-	Deriva	tive	Sec	uritie	es Ac	cquired,	Dis	osed	of, or Be	enefic	ially	Owne	d			
1. Title of Security (Instr. 3) 2. Transac Date (Month/Date)					Execution D			n Date	Code (4. Securities Acquired (A Disposed Of (D) (Instr. 3, 5)			and Securit Benefic		ies Form cially (D) Following (I) (I		n: Direct r Indirect istr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
									Code	v	Amount	nt (A) or (D)		се	Transac (Instr. 3	ction(s)			(
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Da if any (Month/Day/\(^1\)	ate, Ti	4. Transactio Code (Instr 8)				6. Date Exe Expiration (Month/Day	Date		7. Title an Amount o Securities Underlyin Derivative (Instr. 3 ar	f g Securit	De Se (Ir	Price of erivative ecurity 1str. 5)	9. Number derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	e s lly	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				С	ode \	v	(A)	(D)	Date Exercisable		opiration	Title	Amou or Numb of Shares	er					
Stock Equivalent	(1)	09/27/2012	09/28/201	12	A		68		(2)		(2)	Common Stock	68		\$60	15,720		D	

Explanation of Responses:

- 1. The Stock Units ("Units") convert to Common Stock on a one-for-one basis.
- 2. Units under the Company's deferred compensation plan resulting from (a) deferral of compensation and Company match (in shares), (b) premium (in shares) to participants deferring compensation into Units and (c) dividends (in shares) on Units. 14 of the acquired Units are subject to vesting based on employment through December 31, 2013.

By: Jodie Simon Friedman, attorney in fact

09/28/2012

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.