Stock

Unit

Equivalent

(1)

Explanation of Responses:

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

	Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

OMB APPROVAL							
OMB Number:	3235-0287						
Estimated average t	ourden						

Estimated average burden	
hours per response:	0.5

				()												
1. Name and Address of Reporting Person [*] Tough Douglas D.			INTE	2. Issuer Name and Ticker or Trading Symbol INTERNATIONAL FLAVORS &				(Ch	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner							
			_ <u>FRA</u>	<u>GRANCES</u>	<u>S INC</u>	IFF]									
(Leet) (Firet) (Middle)																
(Last) (First) (Middle) 521 WEST 57TH STREET				3. Date of Earliest Transaction (Month/Day/Year) 11/15/2012					Chairman & CEO							
(Street)			4. If Am	endment, Date	of Original	Filed	(Month/D	Day/Ye	ear)			Joint/Group	Filing (Check	Applicable		
ORK N	Y	10019							X Form	filed by One	e Reporting Per	son				
(S	State)	(Zip)	-										e than One Re	porting		
	Tab	le I - Non-Der	vative Se	ecurities Ac	quired,	Dis	posed	of, o	or Bene	eficial	ly Owne	d				
Date				if any	Code (ansaction Disposed Of (D) (Instr. 3, ode (Instr. 5)				Securiti Benefic Owned	ies ially Following	Form: Direct D) or Indirect I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership			
					Code	v	Amount	t	(A) or (D)	Price	Transac	tion(s)		(Instr. 4)		
	Т										Owned					
2. Conversion	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date,		n of	Expiration	Date		Amount of Securities Underlying		Amount of Securities Underlying Derivative Secu			Derivative	9. Number derivative Securities		11. Nature of Indirect Beneficial
	Douglas (F ST 57TH S ORK N (S Security (Ins	Douglas D. (First) ST 57TH STREET ORK NY (State) Tab Security (Instr. 3) T 2. Conversion Date	Douglas D. (First) (Middle) ST 57TH STREET ORK NY (State) (Zip) Table I - Non-Deri Security (Instr. 3) 2. Trat Table I - Non-Derivation Table II - Derivation Conversion Date 3A. Deemed Execution Date 3A. Deemed	nd Address of Reporting Person* 2. Issue Douglas D. INTE (First) (Middle) ST 57TH STREET 3. Date ORK NY (State) (Zip) Table I - Non-Derivative Set Security (Instr. 3) Table II - Derivative Set Table II - Derivative Set Conversion Date 3A. Deemed 4. Transaction Date 3A. Deemed 4. Transaction	nd Address of Reporting Person* 2. Issuer Name and Tit INTERNATION Douglas D. INTERNATION (First) (Middle) ST 57TH STREET 3. Date of Earliest Transition ORK NY (State) (Zip) Table I - Non-Derivative Securities Action Date (Month/Day/Year) 2. Transaction Table II - Derivative Securities Action 2. 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Relationship of Reportin ST 57TH STREET 3. Date of Earliest Transaction (Month/Day/Year) 6. Individual or Joint/Group ORK NY 10019 4. If Amendment, Date of Original Filed (Month/Day/Year) 6. Individual or Joint/Group Vince Zable I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned 5. Amount of Beneficially Owned Security (Instr. 3) 2. Transaction Date (Month/Day/Year) 3. Transaction Date (Month/Day/Year) 3. Score (Instr. 3, 4 and Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities 5. Amount of Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities 2. Conversion 3. Transaction Date 5. Number 6. Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities 5. 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Date

Exercisable

(2)

2. Units under the Company's deferred compensation plan resulting from (a) deferral of compensation and Company match (in shares), (b) premium (in shares) to participants deferring compensation into Units and (c) dividends (in shares) on Units. 8 of the acquired Units are subject to vesting based on employment through December 31, 2013.

Expiration

(2)

Title

Common

Stock

attorney in fact

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

11/19/2012

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

11/15/2012

1. The Stock Units ("Units") convert to Common Stock on a one-for-one basis.

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Code v

A

(A) (D)

38

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

11/19/2012

13,962

D

** Signature of Reporting Person Date

or Number

Shares

38

By: Jodie Simon Friedman,

\$61.76

of