SEC I	Form 4
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Che Sec obli

Restricted

Remarks:

Stock

Units

\$0⁽¹⁾

Explanation of Responses:

04/28/2009

directorship. The RSUs convert to Common Stock on a one-for-one basis.

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL

eck this box if no longer subject to tion 16. Form 4 or Form 5	STATEMENT C
gations may continue. See	
ruction 1(b).	Filed pursu

ATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940 OMB Number: 3235-0287 Estimated average burden hours per response: 0.5

1. Name and Address of Reporting Person [*] HUDSON KATHERINE M					2. Issuer Name and Ticker or Trading Symbol INTERNATIONAL FLAVORS & FRAGRANCES INC [IFF]									(Che	5. Relationship of Repor (Check all applicable) X Director Officer (give tit			orting Person(s) to Issuer 10% Owne title Other (spec	
(Last) (First) (Middle) 521 WEST 57TH STREET					3. Date of Earliest Transaction (Month/Day/Year) 04/28/2009										below)			below)	
(Street) NEW Y((City)		Y State)	10019 (Zip)		 4. If Amendment, Date of Original Filed (Month/Day/Year) 								6. In Line) >	lividual or Joint/Group Filing (Check Applicable Form filed by One Reporting Person Form filed by More than One Reporting Person					
		Ta	ble I - Noi	n-Deriva	ative S	ecuriti	es Ac	cqu	iired,	Disp	oosed of	f, or	Bene	eficially	Owned				
1. Title of Security (Instr. 3) Date (Month/D					Execution Da			Code (Instr.							Securitie Beneficia	Securities I Beneficially (Owned Following (Direct Indirect str. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
									Code	v	Amount	(A) or (D) Pri		Price	Transaction(s) (Instr. 3 and 4)				(11501.4)
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security (Instr. 3)	Derivative Conversion Date Execution Date, Tr. Security or Exercise (Month/Day/Year) if any Co				ansaction ode (Instr.	nsaction of E				cisabl ate Year)	le and	Am Sec Unc Der	7. Title and Amount of Securities Underlying Derivative Seci (Instr. 3 and 4)		Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	e s ally g	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
														Amount or Number					

Date Exercisable

04/28/2012⁽¹⁾

Expiration Date

04/28/2012⁽¹⁾

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Code V

A

(A)

3,115

(D)

1. Restricted Stock Units ("RSUs") granted under the Non-Employee Director Compensation Program. The RSUs must be deferred on vesting and are not payable until retirement or other termination of

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

By: Dennis Meany, attorney in <u>04/29/2009</u>

of

Shares

3,115

\$<mark>0</mark>

Title

Commo

Stock

Date

3,115

D

** Signature of Reporting Person