FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

CIVID ALL	I TO VAL
OMB Number:	3235-028
Estimated average	burden

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

OMB APPROVAL								
OMB Number:	3235-0287							
Estimated average burden								
hours per response:	0.5							

Name and Address of Reporting Person* MEANY DENNIS M						2. Issuer Name and Ticker or Trading Symbol INTERNATIONAL FLAVORS & FRAGRANCES INC [IFF]									ck all appli Direct	icable)	g Person(s) to Iss 10% Ov Other (s		wner	
(Last) (First) (Middle) 521 WEST 57TH STREET					3. Date of Earliest Transaction (Month/Day/Year) 02/12/2009									below		unsel	below)			
(Street) NEW YO			10019				4. If Amendment, Date of Original Filed (Month/Day/Year)									i. Individual or Joint/Group Filing (Check Applicable ine) X Form filed by One Reporting Person Form filed by More than One Reporting Person				
(City)	(5		(Zip) le I - Non -	Doriv	ative	Soc	ritic		equired.	Die	nosed (of or Be	nofi	icially	, Owner					
		Iau	ie i - Noii-	-Delive	alive	Sec	Juillie	:5 A	-quireu,	ופוט	JUSEU	oi, oi be	Hen	Ciali	Owne	u 				
1. Title of Security (Instr. 3) 2. Transac Date (Month/Da						Execution			Code (I			rities Acquired (A) ed Of (D) (Instr. 3, 4			5. Amou Securiti Benefic Owned Reporte	ies Fore cially (D) Following (I) (I		: Direct r Indirect str. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
								Code	V	Amount	(A) or (D) Price		rice	Transac	nsaction(s) tr. 3 and 4)			, ,		
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
Derivative Conversion Date Execution Date, or Exercise (Month/Day/Year) if any				l. Transac Code (li		5. Num of Derive Secun Acqui (A) or Dispo of (D) (Instr.	ative rities ired sed	6. Date Exercisable and Expiration Date (Month/Day/Year)			7. Title and Amount of Securities Underlying Derivative Securit (Instr. 3 and 4)		E	d. Price of Derivative Security Instr. 5)		Owne Form: Direct or Ind (I) (Ins	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)		
				C	Code	v	(A)	(D)	Date Exercisable		opiration	Title	Amo or Num of Shar	ber						
Stock Equivalent	\$0 ⁽¹⁾	02/12/2009	02/13/20	09	A		106		(2)		(2)	Common Stock	10	06	\$29.33	20,360		D		

Explanation of Responses:

- 1. The Stock Units ("Units") convert to Common Stock on a one-for-one basis.
- 2. Units under the Company's deferred compensation plan resulting from (a) deferral of compensation and Company match (in shares), (b) premium (in shares) to participants deferring compensation into Units and (c) dividends (in shares) on Units. 21 of the acquired Units are subject to vesting based on employment through December 31, 2010.

Remarks:

Dennis M. Meany

02/13/2009

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.