FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

									Junigeo	,		0								
Check Section obligat Instruc		ENT OF CHANGES IN BENEFICIAL OWNERSH led pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940												Expire	ated av		8235-0287 ember 31, 2014 0.5			
1. Name and Address of Reporting Person* WETMORE DOUGLAS J						2. Issuer Name and Ticker or Trading Symbol INTERNATIONAL FLAVORS & FRAGRANCES INC [IFF]										ck all applica Director	able)	10%		
(Last) (First) (Middle)					3. Date of Earliest Transaction (Month/Day/Year) 05/29/2003												SVP a	SVP and CFO		
(Street) (City) (State) (Zip)					4. 1	f Ame	endmer	nt, Dat	e of O	riginal F	iled (ed (Month/Day/Year)				ndividual or Joint/Group Filing e) X Form filed by One Repor Form filed by More than			rting Persor	
	Person Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																			
1. Title of Security (Instr. 3) 2. Transa Date (Month/D						Execut			ite,	, Transaction Code (Instr.		4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 4 5)		(A) or 3, 4 and	5. Amoun Securities Beneficia Owned Fo	s Foi Ily (D) ollowing (I) (Direct I Indirect E str. 4) (7. Nature of Indirect Beneficial Ownership	
										Code	v	Amount	(A) or (D) Pr		Price	Reported Transaction(s) (Instr. 3 and 4)				Instr. 4)
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution D if any (Month/Day/	Date, Tr	ransad ode (li		5. Nu of Deriv Secu Acqu (A) of Dispo of (D) (Instr and 5	ative rities ired r osed 3, 4	Expir	te Exerci ration Da th/Day/Y	A Si U D		7. Title and Amount of Securities Underlying Derivative Secu (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	e s dly g	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)	
				c	ode	v	(A)	(D)	Date Exer	cisable	Ex Dat	piration te	Tit		or Number of Shares					

Explanation of Responses:

0⁽¹⁾

Stock Equivalent

Unit

1. The Stock units ("Units") convert to Common Stock on a one-for-one basis.

05/29/2003

2. Units under the Company's deferred compensation plan resulting from (a) deferral of compensation and Company match (in shares), (b) premium (in shares) to participants deferring compensation into Units and (c) dividends (in shares) on Units. 9 of the acquired Units are subject to vesting on employment through December 31, 2004.

08/08/1988⁽²⁾

DENNIS M. MEANY 05/30/2003

43

\$31.48

Common

Stock

08/08/1988⁽²⁾

** Signature of Reporting Person

Date

2,585

D

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OMB APPROVAL

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

05/30/2003

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

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Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

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