FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, [D.C.	20549
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

3235-0287
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* <u>Howell Henry W Jr</u>				IN	2. Issuer Name and Ticker or Trading Symbol INTERNATIONAL FLAVORS & FRAGRANCES INC [IFF]							heck all appli	or 10%		10% Ov	vner	
(Last) (First) (Middle) 521 WEST 57TH STREET					3. Date of Earliest Transaction (Month/Day/Year) 11/01/2007							Office below	er (give title v)		Other (s below)	specify	
(Street) NEW YO			10019	4.1	4. If Amendment, Date of Original Filed (Month/Day/Year)						6. Lir	ie) X Form	Joint/Group Filing (Check Applicable filed by One Reporting Person filed by More than One Reporting n				
(City)	(S		(Zip)				- ^ -	i			-		U O	.			
			le I - Non-De		_											1.	
Date			ansaction nth/Day/Ye	Execution Date,		Code (Instr. 5)				Benefic	es ially Following	Form: (D) or	n: Direct or Indirect nstr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)			
						Code	′ /	Amount	nt (A) or (D)		Transac (Instr. 3	ction(s)			,iiisti. 4)		
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																
1. Title of Derivative Security (Instr. 3)	Derivative Conversion Date Execution Control Date (Month/Day/Year) if any				action Instr.			6. Date Exercisable and Expiration Date (Month/Day/Year)		e and	7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)		у	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Exp Date	iration e	Title	Amount or Number of Shares					
Stock Equivalent Unit	\$0 ⁽¹⁾	11/01/2007	11/02/2007	A		1,763		(2)		(2)	Common Stock	1,763	\$51.05	8,145		D	

Explanation of Responses:

- 1. The Stock Units ("Units") convert to Common Stock on a one-for-one basis.
- 2. Units under the Company's deferred compensation plan resulting from deferral of retainer fees. The Units are payable in Common Stock upon retirement or other termination of directorship.

Remarks:

By: Jodie Simon Friedman, attorney in fact

11/02/2007

** Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.