FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

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OMB APPROVAL											
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

					2 1-		Name	T	alran -	v Teasiii	C	umb al			Te.	Dalatian - !-:	o of Dono	a De	(aan/a) ta !		
1. Name and Address of Reporting Person* <u>TANSKY BURTON M</u>						2. Issuer Name and Ticker or Trading Symbol INTERNATIONAL FLAVORS &										nship of Reporting Person(s) to Issuer applicable)			suer		
						FRAGRANCES INC [IFF]										X Direc	tor		10% O	vner	
(Last) (First) (Middle)					THEOREMOLD INC [III]											Offic belo	er (give title v)		Other (s	specify	
INTERNATIONAL FLAVORS & FRAGRANCES INC.						3. Date of Earliest Transaction (Month/Day/Year) 01/28/2004															
521 WEST 57TH STREET							4. If Amendment, Date of Original Filed (Month/Day/Year)									6. Individual or Joint/Group Filing (Check Applicable Line)					
(Street)																X Form filed by One Reporting Person					
NEW YORK NY 10019																Forn Pers	n filed by Mo	re tha	n One Repo	rting	
(City)	(S	tate) ((Zip)																		
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																					
1. Title of Security (Instr. 3) 2. Transac Date (Month/Date)						Execution Date			e, T	Transaction Dispos Code (Instr. 5)			rities Acquired (A) ed Of (D) (Instr. 3,			d Secur Benef Owner	Securities For Beneficially (D)		n: Direct or Indirect nstr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
										Code		Amount (A) or (D)		Price	Transa						
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																					
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Da if any (Month/Day/\)	ate, Ti	Code (Inst				6. Date Exercisal Expiration Date (Month/Day/Year			Amount of		and t of es ring	ecurity	8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction((Instr. 4)	ly	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
					ode	v	1 1 1-		Date Exerc			piration te	or Numl of		umber						
Stock Equivalent Units	(1)	01/28/2004	01/29/200)4	A		49		((2)		(2)	Commo Stock	n	49	\$35.94 ⁽¹⁾	1,049		D		

Explanation of Responses:

- 1. Stock Units ("Units") convert to Common Stock on a one-for-one basis.
- 2. Units under the Company's deferred compensation plan resulting from deferral of meeting fees. The Units are payable in Common Stock upon retirement or other termination of directorship.

Dennis M. Meany, Attorney-infact 01/29/2004

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.