FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

	Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).
--	--

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

OMB APPROVAL									
OMB Number:	3235-0287								
Estimated average burden									
hours per response:									

1. Name and Address of Reporting Person [*] <u>Winder Investment Pte Ltd</u>				INT	2. Issuer Name and Ticker or Trading Symbol <u>INTERNATIONAL FLAVORS &</u> <u>FRAGRANCES INC</u> [IFF]									5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director X 10% Owner Officer (give title Other (specify						
(Last)(First)(Middle)3. Date of#03-00 8 ROBINSON ROAD, ASO BUILDING12/27/20							vate of Earliest Transaction (Month/Day/Year) 27/2019									belov	N)		below))
(Street) SINGAPORE U0 048544				- 4. If A	4. If Amendment, Date of Original Filed (Month/Day/Year)									6. Individual or Joint/Group Filing (Check Applicable Line) Form filed by One Reporting Person Form filed by More than One Reporting						
(City) (State) (Zip)														Х	Pers				5	
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																			
1. Title of Security (Instr. 3) 2. Transacti Date (Month/Day					Execution Date,		3. Transaction Code (Instr. 8)		4. Securities Acquired (Disposed Of (D) (Instr. 3			d 5) S E C	Beneficially Owned Following Reported		Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)			
									Code	v	Amount	(A) (D)	or	Price	ד (Transa (Instr. 3	ction(s) 8 and 4)			See
Common	Stock			12/27/		019		Р		98,076	A \$12		\$127	7.67 20,492,133		92,133			footnote ⁽¹⁾	
		Ta	able II -								osed of, convertib					vned				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Dee Execution if any (Month/M		4. Transac Code (Ir 8)		5. Nu of Deriv Secu Acqu (A) or Dispo of (D) (Instr and 5	ative rities ired osed . 3, 4	Expirat	ate Exercisable and 7. Tit ration Date Amo hth/Day/Year) Secu Unde Deriv Secu			. Title and mount of ecurities Inderlying erivative ecurity (Instr. 3 nd 4)		Deriv Secu	3. Price of Derivative Security Instr. 5) 9. Number derivative Securities Beneficial Owned Following Reported Transactio (Instr. 4)		у	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
					Code	v	(A)	(D)	Date Exercis	sable	Expiration Date	Title	or Nu of	ımber						
		Reporting Person [*] ent Pte Ltd																		
(Last) #03-00 8	ROBINSO	(First) N ROAD, ASO		ddle) <mark>ING</mark>		-														
(Street) SINGAP	ORE	U0	04	8544		_														
(City)		(State)	(Zip))																
1. Name and Address of Reporting Person [*] Haldor Foundation																				
(Last) ZOLLST	TRASSE 16	(First)	(Mi	ddle)		_														
(Street) SCHAAI	N	N2				-														
(City)		(State)	(Zip))		_														
1. Name and Address of Reporting Person [*] Freemont Capital Pte Ltd																				
(Last) (First) (Middle) #03-00 8 ROBINSON ROAD, ASO BUILDING																				
(Street)																				

SINGAPORE	U0	048544
(City)	(State)	(Zip)

Explanation of Responses:

1. The securities are directly held by Winder Investment Pte. Ltd. ("Winder"). Winder is a wholly owned subsidiary of Freemont Capital Pte Ltd. ("Freemont"). Freemont is a wholly owned subsidiary of Haldor Foundation ("Haldor"). Freemont and Haldor each disclaims beneficial ownership of the shares held by Winder except for its pecuniary interest therein.

Remarks:

/s/ William Lexmond, Director
of Winder Investment Pte Ltd.12/31/2019/s/ Andreas Schurti, Board
Member of Haldor Foundation
/s/ Peter Prast, Board Member12/31/2019/s/ William Lexmond, Director
of Freemont Capital Pte Ltd.12/31/2019

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

 \ast If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.