SEC Form 4	
------------	--

 \Box

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Check this box if no longer subject to
Section 16. Form 4 or Form 5
obligations may continue. See
Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

OMB APPROVAL													
OMB Number:	3235-0287												

hours per response:	0.5
Estimated average burder	ı

Epstein David R						2. Issuer Name and Ticker or Trading Symbol <u>INTERNATIONAL FLAVORS &</u> <u>FRAGRANCES INC</u> [IFF]									eck all app X Direc	tor	ng Pers	10% O	wner
(Last) 521 WES	ST 57TH	(First STR	,	3. Date of Earliest Transaction (Month/Day/Year) 05/02/2017									Office belov	r (give title /)		Other (below)	specify		
(Street) NEW YC	DRK	NY (State	e) (Line	6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person						
			Tab	le I - Nor	n-Deriva	tive S	ecurities	Acq	uired,	Disp	osed o	of, o	r Ben	eficial	ly Owne	d			
1. Title of Security (Instr. 3) 2. Transact Date (Month/Day							3. Transaction Code (Instr.4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 5)								nership : Direct Indirect str. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)			
									Code	v	Amount		(A) or (D)	Price	Transa	ction(s) and 4)			(1150.4)
Table II - Derivative Securities Acquir (e.g., puts, calls, warrants, o															Owned				
1. Title of 2. 3. Transaction 3A. Deemed 4.							5. Numbe	r 6.	Date Exe	ercisal	ole and	7. Ti	tle and		8. Price of	9. Number	of	10.	11. Nature

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Code (8)		of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exerc Expiration Da (Month/Day/N	ate	7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v			Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Restricted Stock Units	(1)	05/02/2017		D			938	05/02/2017	05/02/2017	Common Stock	938	\$0.0000	0.0000	D	
Stock Equivalent Unit	(2)	05/02/2017		A		938		(3)	(3)	Common Stock	938	\$0.0000	1,840	D	

Explanation of Responses:

1. The Restricted Stock Units convert to Common Stock on a one-for-one basis.

2. The Stock Units ("Units") convert to Common Stock on a one-for-one basis.

3. The reporting person is receiving 938 Units resulting from the deferral of 938 RSUs granted under the Non-Employee Director Compensation Program which vested on May 2, 2107. The Units are being deferred until retirement or other termination of directorship. The Units are payable in Common Stock at the end of the deferral.

Nanci Prado, attorney in fact 05/03/2017 Date

** Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

 \ast If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.