FORM 4

## **UNITED STATES SECURITIES AND EXCHANGE COMMISSION**

Washington, D.C. 20549

STATEMENT	OF CHANGES	IN BENEFICIAL	<b>OWNERSHIP</b>

OMB APPROVAL							
OMB Number:	3235-0287						
Estimated average burden							
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Fibig A	Name and Address of Reporting Person*  ibig Andreas  ast) (First) (Middle)  21 WEST 57TH STREET			Issuer Name and Ticker or Trading Symbol INTERNATIONAL FLAVORS & FRAGRANCES INC [ IFF ]      Date of Earliest Transaction (Month/Day/Year) 05/28/2021									neck all	applic Directo	able) r (give title	10% Owner		mer	
(Street) NEW YO			10019 (Zip)		4. If Amendment, Date of Original Filed (Month/Day/Year)						6. Lir	e) <mark>X</mark> I	dual or Joint/Group Filing (Check Applicable Form filed by One Reporting Person Form filed by More than One Reporting Person						
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																		
Date			2. Transa Date (Month/D	Execution Date,		Code (II	Transaction Code (Instr. 8)  Disposed Of (Instr. 5)			Acquired (A) or (D) (Instr. 3, 4 and		5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of ndirect Beneficial Ownership Instr. 4)			
Common Stock								(6)				33.704		D					
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned  (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security (Instr. 3)  2. Conversion or Exercise Price of Derivative Security  (Instr. 3)  3. Transaction Date Execution Date (Month/Day/Year)  (Month/Day/Year)  (Month/Day/Year)			Co	Transaction Code (Instr.		Derivative		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)		9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s)		10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)		
				Co	de V	(A)	u)	(D)	Date Exercisal		Expiration Date	Title	Amoun or Numbe of Shares			(Instr. 4)	on(s)		
Stock Equivalent Unit	(1)	05/28/2021		A		81.	1.248 <sup>(2)</sup>		(3)		(3)	Common Stock	81.24	\$14	1.67	62,880.	675	D	

## **Explanation of Responses:**

- $1. \ The \ Stock \ Equivalent \ Units \ ("Units") \ convert \ to \ Common \ Stock \ on \ a \ one-for-one \ basis.$
- 2. Reflects Units under the Company's deferred compensation plan resulting from deferral of compensation, a company match and the 25% premium contributed by the Company on such Units. Units contributed by the Company are subject to vesting based on continued employment through December 31, 2022.
- 3. The Units are payable in Common Stock upon earlier of termination of employment or January 1 following retirement.

/s/ Nanci Prado, attorney in fact 06/02/2021

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.