Restricted Stock Units

Remarks:

\$<mark>0</mark>(1)

Explanation of Responses:

	FORM	4	UNITED) STA	TES S	ECURITIE	_			-	NGE C	OMN	liss	SION					
			Washington, D.C. 20549													OMB APPROVAL			
Check Sectio obligat Instruc	STATEMENT OF CHANGES IN BENEFICIAL OWNE Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940												OMB Number: 3235-02 Estimated average burden hours per response:						
1. Name and Address of Reporting Person* Berryman Kevin C					2. Issuer	2. Issuer Name and Ticker or Trading Symbol INTERNATIONAL FLAVORS & FRAGRANCES INC [IFF]								all applic Directo	cable) or (give title	, 10% Ov			
(Last) 521 WE	(F ST 57TH S		(Middle)			3. Date of Earliest Transaction (Month/Day/Year) 05/27/2009								EVP & Chief Financial Officer					
(Street) NEW YORK NY			10019		4. If Ame	4. If Amendment, Date of Original Filed (Month/Day/Year)							 6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting 						
(City) (State) (Zip)														Person					
		Tab	ole I - Nor	ו-Deri	vative Se	curities Ac	qui	ired, Di	sp	oosed o	of, or Bei	neficia	ally (Owned					
1. Title of Security (Instr. 3) 2. Transa Date (Month/D					/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Yea	, i	Transaction Code (Instr. 5		4. Securi Disposed 5)	4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 4 5)) or 4 and 5. Amount Securities Beneficiall Owned Fol Reported		Form (D) of	vnership 1: Direct r Indirect 1str. 4)	7. Nature of Indirect Beneficial Ownership	
							(Code V		Amount	(A) or (D)	(A) or (D) Price		Transaction(s) (Instr. 3 and 4)				(Instr. 4)	
		-				urities Acq s, warrants								wned					
1. Title of Derivative Security (Instr. 3)	rative Conversion Date Execution rity or Exercise (Month/Day/Year) if any		Date,	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year) 7. Title and of Securitie Underlying Derivative (Instr. 3 an			es J Security	De	8. Price of Derivative Security (Instr. 5)		e s dly g	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficia Ownersh (Instr. 4)				

(D) Date (D) Exercisable

(2)

Expiration Date

05/27/2014

Title

fact

Common

Stock

** Signature of Reporting Person

By: Dennis Meany, attorney in

Amount or Number

of Shares

16,404

\$<mark>0</mark>

16,404

05/28/2009

Date

D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

05/27/2009

1. The Restricted Stock Units convert to Common Stock on a one-for-one basis.

2. The Restricted Stock Units vest in five equal annual installments beginning on May 27, 2010.

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Code V

A

(A)

16,404

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.