FORM 5

Check this box if no longer subject to

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	$D \subset$	205/10
wasiiiigton,	D.C.	20549

OWNERSHIP

VVdSIIII	gton, D.C. 20549
ANNUAL STATEMENT O	OF CHANGES IN BENEFICIAL

	OMB APP	ROVAL
	OMB Number:	3235-0362
1	Estimated average b	ourden

1.0

hours per response:

Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b)

Form 3 Holdings Reported.

Form 4	Transactions	Reported.	Fil	ed pursuant t or Sectio					ırities Excha Company Ac		of 1934						
Name and Address of Reporting Person* Anderson Robert G.			INTER	2. Issuer Name and Ticker or Trading Symbol INTERNATIONAL FLAVORS & FRAGRANCES INC [IFF]						5. (C	Relationship heck all appl Direct	icable) or		10%	Owner		
(Last) (First) (Middle) 521 WEST 57TH STREET					3. Statement for Issuer's Fiscal Year Ended (Month/Day/Year) 12/31/2016						'ear)	X Officer (give title Other (specify below) Controller					
(Street) NEW YO			10019 Zip)	4. If Amer	ndmen	t, Date	of Origi	nal Fil	led (Month/D	Day/Year)	6. Lir	X Form	filed by O	ne Rep	orting Pe	erson	
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																
Date (Month/Day/Year)			Execution D	if any Code		4. Securities Acquired (A) or Dispos action (Instr. 3, 4 and 5)		r Disposed	Securities Beneficially		Ownership Inc Form: Direct Be		7. Nature of Indirect Beneficial Ownership				
			(Month/Day)	rear	8)	´		unt	(A) or (D)	Price	Issuer's F	Owned at end of Issuer's Fiscal Indir Year (Instr. 3 and 4)			(Instr. 4)		
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																
1. Title of Derivative Security (Instr. 3)			Transaction Code (Instr.	of Deriva Secur Acqui (A) or Dispo of (D) (Instr.	of Derivative (Month/Day/Year) S Scurities L S Acquired (A) or (Disposed (A)			7. Title and Amount of Securities Underlying Derivative Securit (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)		10. Owners Form: Direct (I or Indire (I) (Instr	Beneficia Ownershi ect (Instr. 4)			
					(A)	(D)	Date Exercis	sable	Expiration Date	Title	Amount or Number of Shares						
Stock Equivalent	(1)	12/31/2016		A	12 ⁽²⁾		(3)		(3)	Common	n 12	\$0.0000	3,41	10	D		

Explanation of Responses:

- 1. The Stock Units ("Units") convert to Common Stock on a one-for-one basis.
- 2. Units acquired upon reinvestment of dividends accrued on units in the IFF Stock Fund under the company's deferred compensation plan during 2016. The acquisition of units with reinvested dividends is exempt from line item reporting under SEC rule 16a-11.
- 3. Not applicable.

Nanci Prado, attorney in fact 02/13/2017

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.