FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT	OF CHANGES	IN BENEFICIAL	<b>OWNERSHIP</b>

OMB APPROVAL							
OMB Number: 3235-0287							
Estimated average burden							
hours ner resnonse:	0.5						

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person*     Ferguson Roger W. Jr.			<u> </u>	2. Issuer Name and Ticker or Trading Symbol INTERNATIONAL FLAVORS & FRAGRANCES INC [ IFF ]						(Che	eck all applic Director	able)	Person(s) to Is		
(Last) 521 WES	(F ST 57TH S	irst) ΓREET	(Middle)		Date of Earliest Transaction (Month/Day/Year)					below)	(9.70 tate	below			
(Street) NEW YO		Y State)	10019 (Zip)	4. If Amendment, Date of			Original Filed (Month/Day/Year)			Line	Individual or Joint/Group Filing (Check Applicable ine)  X Form filed by One Reporting Person Form filed by More than One Reporting Person				
		Та	ble I - Non-De	erivati	ive Se	ecuritie	s Acq	uired, D	isposed	of, or Ber	eficially	/ Owned			
1. Title of Security (Instr. 3)  2. Trans Date (Month/			е	2A. Deemed Execution Date, if any (Month/Day/Year)		3. Transacti Code (Ins 8)	on Dispos	rities Acquire ed Of (D) (Inst		) Securities For Beneficially (D		i. Ownership Form: Direct D) or Indirect I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
						Code	Amoun	(A) or (D)	Price	Transacti (Instr. 3 a			(iiisti. 4)		
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)															
1. Title of Derivative Security (Instr. 3)  Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)		ransaction Derivative ode (Instr. Securities		6. Date Exercisable and Expiration Date (Month/Day/Year)  (Month/Day/Year)  7. Title a Amount Securitie Underlyi Derivatii (Instr. 3 :		of s ng e Security	8. Price of Derivative Security (Instr. 5)		Ownershi Form: Direct (D) or Indirec (I) (Instr. 4	Beneficial Ownership (Instr. 4)			
		C	Code	v	(A)	(D)	Date Exercisab	Expiration of the Date	on Title	Amount or Number of Shares		(Instr. 4)	1(3)		
Restricted Stock	(1)	05/05/2021		A		1,089 <sup>(2)</sup>		05/05/202	2 05/05/20	Common Stock	1,089	\$0.0000	1,089	D	
Units	(1)	03/03/2021													
Restricted Stock Units	(1)	05/06/2021		D			1,047	05/06/202	1 05/06/20	Common Stock	1,047	\$0.0000 <sup>(3)</sup>	0.0000	D	
Restricted Stock						1,047	1,047	05/06/202	1 05/06/20		1,047	\$0.0000 <sup>(3)</sup> \$0.0000 <sup>(3)</sup>	0.0000		

- 1. The Restricted Stock Units ("RSUs") convert to Common Stock on a one-for-one basis.
- 2. Represent RSUs granted under the Non-Employee Director Compensation Program.
- 3. Upon the vesting of RSUs on May 6, 2021, the reporting person deferred the receipt of 1,047 shares of Common Stock and received instead 1,047 Stock Equivalent Units ("Units") pursuant to IFF's deferred
- 4. Units convert to Common Stock on a one-for-one basis.
- 5. The Units are payable in Common Stock upon earlier of reporting person ceasing to serve as a member of the Company's Board of Directors or January 1 following retirement.
- 6. Includes Units acquired during the period upon reinvestment of dividends under the Company's deferred compensation plan. The transactions were exempt pursuant to Rule 16a-11.

/s/ Nanci Prado, attorney in fact 05/07/2021

\*\* Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

 $Note: File \ three \ copies \ of \ this \ Form, \ one \ of \ which \ must \ be \ manually \ signed. \ If \ space \ is \ insufficient, \ see \ Instruction \ 6 \ for \ procedure.$ 

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.