FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL								
OMB Number:	3235-0287							
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Check this box if no longer subject to
Section 16. Form 4 or Form 5
obligations may continue. See
Instruction 1(h)

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* HEASLIP STEVEN J					2. Issuer Name and Ticker or Trading Symbol INTERNATIONAL FLAVORS & FRAGRANCES INC [IFF]								5. Relationship of Reporting Per (Check all applicable) Director			rson(s) to Issuer 10% Owner Other (specify	
(Last) (First) (Middle) 521 WEST 57TH STREET					3. Date of Earliest Transaction (Month/Day/Year) 11/15/2006								X Office (give title Sources) below) Senior VP Human Resources				
(Street) NEW YORK NY 10019 (City) (State) (Zip)				4. I	4. If Amendment, Date of Original Filed (Month/Day/Year)								Individual or Joint/Group Filing (Check Applicable ne) X Form filed by One Reporting Person Form filed by More than One Reporting Person				
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																
1. Title of Security (Instr. 3) 2. Transac Date (Month/Date) Table II - Derivativ					Year) Execution Date, if any (Month/Day/Yea		Code (In 8)	ion D str. 5	4. Securities Acquired (Disposed Of (D) (Instr. 5) Amount (A) or (D) Oosed Of, or Benefit		str. 3, 4 ar	Securi Benefi Owned Report Transa (Instr.	Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)				
1. Title of Derivative Conversion Date Execurity or Exercise (Month/Day/Year) if a			(e.g 3A. Deemed Execution Date if any (Month/Day/Yea	ed 4. n Date, Trans Code		5. Number		1			Amount of Securities Underlying Derivative Secu (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)		Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	(D) Beneficial Ownership rect (Instr. 4)	
				Code	v	(A)	(D)	Date Exercisable	Expir Date	ration	Title	Amount or Number of Shares					
Stock Equivalent Unit	\$0 ⁽¹⁾	11/15/2006	11/16/2006	A		37		(2)	(2	2)	Common Stock	37	\$46.3	858	D		

Explanation of Responses:

- 1. The Stock Units ("Units") convert to Common Stock on a one-for-one basis.
- 2. Units under the Company's deferred compensation plan resulting from (a) deferral of compensation and Company match (in shares), (b) premium (in shares) to participants deferring compensation into Units and (c) dividends (in shares) on Units. 7 of the acquired Units are subject to vesting based on employment through December 31, 2007.

Remarks:

By: Jodie Simon Friedman, attorney in fact

11/16/2006

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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