FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Check this box if no longer subject to
Section 16. Form 4 or Form 5
obligations may continue. See
Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL OMB Number: Estimated average burden hours per response: 0.5

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* Berryman Kevin C							2. Issuer Name and Ticker or Trading Symbol INTERNATIONAL FLAVORS & FRAGRANCES INC [IFF]									tionship of Reporting I all applicable) Director Officer (give title		10% Owner Other (specify	
(Last) 521 WES	`	(First) (Middle) 57TH STREET				3. Date of Earliest Transaction (Month/Day/Year) 03/15/2011										below) below) EVP & Chief Financial Officer			
(Street) NEW YO	EW YORK NY 10019				- 4. l	4. If Amendment, Date of Original Filed (Month/Day/Year)									Form	or Joint/Group Filing (Check Applicable In filed by One Reporting Person In filed by More than One Reporting Ison			
		Tab	le I - No	n-Deriv	vative	Sec	uriti	es Ac	quired	, Dis	sposed	of, or B	enefi	cially	/ Owne	d			
1. Title of Security (Instr. 3) 2. Tran Date (Month					action Day/Yea	r) Ex	. Deem ecution any onth/D		3. Transa Code (4. Securities Acquired (A) of Disposed Of (D) (Instr. 3, 4				Benefic Owned	ies ially Following	Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership
										v	Amount	(A) ((D)	Pri	се	Reporte Transac (Instr. 3	ction(s)			(Instr. 4)
Common Stock 03/15/2						011			A		3,198	(1) A	\$0	.0000	00 31,382		D		
Common Stock 03/15/2											1,295	(2) D	\$	47.2	30,087		D		
		Т	able II -								osed of convert				Owned				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deen Executio if any (Month/D	n Date,	4. Transa Code (8)				6. Date Ex Expiration (Month/Da	n Date	•	7. Title and Amount of Securities Underlying Derivative Securit (Instr. 3 and 4)		S (I	s. Price of Derivative Security Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	Ownershi Form: Direct (D) or Indirect (I) (Instr. 4	(D) rect	Beneficial Ownership (Instr. 4)
					Code	v	(A) (D)		Date Exercisal		Expiration Date	Title	Amou or Numb of Share	per					
Stock Equivalent Unit	(3)	03/15/2011			A		49		(4)		(4)	Common Stock	49		\$57.89	6,891	D		

Explanation of Responses:

- 1. These shares represent the 50% portion of the reporting person's payout under the 2008-2010 Long Term Incentive Plan ("LTIP") cycle settled in shares of the Issuer's common stock. The number of shares was determined using the closing market price on January 2, 2008, the first trading day of the cycle.
- 2. Shares withheld to satisfy tax withholding obligations in connection with the receipt of shares under the LTIP, determined using the closing market price on January 2, 2008.
- 3. The Stock Units ("Units") convert to Common Stock on a one-for-one basis.
- 4. Units under the Company's deferred compensation plan resulting from (a) deferral of compensation and Company match (in shares), (b) premium (in shares) to participants deferring compensation into Units and (c) dividends (in shares) on Units. 10 of the acquired Units are subject to vesting based on employment through December 31, 2012.

By: Jodie Simon Friedman, attorney in fact

03/16/2011

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.