FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

l	OMB APPRO	VAL				
	OMB Number:	3235-0287				
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l	hours per response:	0.5				

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* <u>Tough Douglas D.</u>						2. Issuer Name and Ticker or Trading Symbol INTERNATIONAL FLAVORS &									ationship all appli Directo	cable)	g Per	son(s) to Iss	vner
(Last) 521 WES) (First) (Middle) WEST 57TH STREET					FRAGRANCES INC [IFF] 3. Date of Earliest Transaction (Month/Day/Year) 06/02/2011									Officer below)	icer (give title ow)		Other (below)	
(Street) NEW YORK NY 10019 (City) (State) (Zip)					- 4. I	4. If Amendment, Date of Original Filed (Month/Day/Year)									rvidual or Joint/Group Filing (Check Applicable Form filed by One Reporting Person Form filed by More than One Reporting Person				
		Tab	le I - No	n-Deri	vative	Sec	uritie	s Ac	quired,	Dis	sposed o	of, or Be	neficia	ally	Owned	l			
1. Title of Security (Instr. 3) 2. Transacti Date (Month/Day						Execution Date,						ies Acquired (A) or Of (D) (Instr. 3, 4 and				es ally Following	Forn (D) o	n: Direct or Indirect nstr. 4)	7. Nature of Indirect Beneficial Ownership
									Code	v	Amount	(A) or (D)	Price		Reporte Transac (Instr. 3	ported insaction(s) str. 3 and 4)			(Instr. 4)
Common	Stock	/2011	011		A		40,560((1) A \$3		065	101,800(2)			D					
		7	able II								osed of converti				wned				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deen Executio if any (Month/D	n Date, Trans			of I		6. Date Exercisa Expiration Date (Month/Day/Yea		е	7. Title and Amount of Securities Underlying Derivative Securit (Instr. 3 and 4)		De Se (Ir	Price of erivative ecurity estr. 5)		e s ally g	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
					Code	v	(A)		Date Exercisab		Expiration Date	Title	Amount or Number of Shares						
Restricted Stock Units	(3)	06/02/2011			A		4,345		04/02/201	14	04/02/2014	Common Stock	4,345	4	0.0000	4,345		D	

Explanation of Responses:

- 1. Purchased Restricted Stock, all of which will vest on April 2, 2014.
- 2. Includes holdings under the 401(k) Plan representing 3,021 shares. The information is presented as of June 2, 2011.
- 3. The Restricted Stock Units convert to Common Stock on a one-for-one basis. The Restricted Stock Units vest on April 2, 2014.

By: Jodie Simon Friedman, attorney in fact

06/06/2011

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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