UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

CURRENT REPORT
Pursuant to Section 13 or 15(d)
of the Securities Exchange Act of 1934

Date of report (Date of earliest event reported): January 18, 2024 (January 11, 2024)

INTERNATIONAL FLAVORS & FRAGRANCES INC.

(Exact Name of Registrant as Specified in its Charter)

1-4858

(Commission

File Number)

13-1432060 (IRS Employer

Identification No.)

New York

(State or Other Jurisdiction

of Incorporation)

521 West 57th Street New York, New York			10019	
	200 Powder Mill Road Wilmington, Delaware (Address of Principal Executive Offices)		19803 (Zip Code)	
Registrant's telephone number, including area code: (212) 765-5500				
	(Former name	or former address, if changed since last re	port)	
	eck the appropriate box below if the Form 8-K filing is interpowing provisions:	nded to simultaneously satisfy the fi	ing obligation of the registrant under any of the	
	Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)			
	Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)			
	Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))			
	Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))			
Sec	urities registered pursuant to Section 12(b) of the Act:			
	Title of each class	Trading Symbol(s)	Name of each exchange on which registered	
Common Stock, par value 12 1/2 cents per share		IFF	New York Stock Exchange	
	1.75% Senior Notes due 2024 1.800% Senior Notes due 2026	IFF 24 IFF 26	New York Stock Exchange New York Stock Exchange	
	cate by check mark whether the registrant is an emerging g pter) or Rule 12b-2 of the Securities Exchange Act of 1934	growth company as defined in Rule 4	· ·	
Eme	erging growth company			
	n emerging growth company, indicate by check mark if the or revised financial accounting standards provided pursua			

Item 2.02. Results of Operations and Financial Condition

On January 11, 2024, International Flavors & Fragrances, Inc. (the "Company") issued a press release in which, among other things, the Company announced its reaffirmation of previously issued financial guidance for the full year ended December 31, 2023. The Company stated that it "expects its full year 2023 sales to be in line with its previously stated guidance range of \$11.3 billion to \$11.6 billion. It also continues to expect full year 2023 adjusted operating EBITDA to be at the mid to high end of its previously stated guidance range of \$1.85 billion to \$2.0 billion".

The information in this item is being "furnished" and shall not be deemed "filed" for the purposes of Section 18 of the Securities Exchange Act of 1934, as amended (the "Securities Act"), is not subject to the liabilities of that section and is not deemed incorporated by reference in any filing under the Securities Act of 1933, as amended, or the Exchange Act, except as shall be expressly set forth by specific reference in such a filing.

Forward-looking Statements

This Current Report on Form 8-K contains forward-looking statements that reflect management's expectations about future events and the Company's expected future business, financial performance and financial condition and speak only as of the date made. You can identify these forward-looking statements by the use of forward-looking words such as "expect" or the negative version of those words or other comparable words. In addition, any statements that refer to expectations, projections or other characterizations of future events or circumstances, are forward-looking statements. Any forward-looking statements contained in this Current Report on Form 8-K are based upon our historical performance and on our current plans, estimates and expectations of the Company's future performance and the future performance of the markets in which the Company operates in light of information currently available to us. The inclusion of this forward-looking information should not be regarded as a representation by us that the future plans, estimates or expectations contemplated by us will be achieved. These forward-looking statements are subject to various risks, uncertainties and assumptions relating to our operations, financial results, financial condition, business, prospects, business strategy and liquidity. For additional discussion of these risks and uncertainties, please refer to those described in the Company's Annual Report on Form 10-K for the year ended December 31, 2022, and the Company's other filings with the SEC.

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the Registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

INTERNATIONAL FLAVORS & FRAGRANCES INC.

By: /s/ Jennifer Johnson

Name: Jennifer Johnson

Title: Executive Vice President, General Counsel

and Corporate Secretary

Date: January 18, 2024