FORM 5

Check this box if no longer subject to

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C.	20549

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ANNUAL STATEMENT	\triangle	CHANCES	IN DENE	
ANNUAL STATEMENT	UГ	CHANGES		FICIAL

OMB APPROVAL								
OMB Number:	3235-0362							
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1.0

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\cup	obligations may continue. See Instruction 1(b).
\cap	Form 3 Holdings Reported.

OWNERSHIP

_	31																
Form 4	1 Transactions	Reported.	Fil					e Securities Excha ment Company A									
1. Name and Address of Reporting Person*			INTER	2. Issuer Name and Ticker or Trading Symbol INTERNATIONAL FLAVORS & FRAGRANCES INC [IFF]					5. Relationship of Reporting Person(s) to Iss (Check all applicable) X Director 10% Ov								
(Last) 521 WES	(F ST 57TH S		(Middle)	3. Statem	3. Statement for Issuer's Fiscal Year Ended (Month/Day/Year) 12/31/2014				/Year)	Officer (give title Othe below) below				er (spe w)	ecify		
(Street) NEW YORK NY 10019				4. If Amer	4. If Amendment, Date of Original Filed (Month/Day/Year)						6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person						
(City)	(S		(Zip) 	/ative Sec	uritie	s Ac	quire	ed, Disposed	of, or	Benefici	ally (Owned					
1. Title of Security (Instr. 3) 2. Transaction Date (Month/Day/Year)		2A. Deemed Execution Date, if any		3. Transaction Code (Instr.				or Disposed	Securities Beneficially		ly	6. Ownership Form: Direct					
				(Month/Day/Year)		8)		Amount	(A) or (D)	Price	Is Ye	Owned at end of Issuer's Fiscal Year (Instr. 3 and 4)		(D) or Indirect (I) (Instr. 4)		Ownership (Instr. 4)	
		Т	able II - Deriva (e.g., p					, Disposed o				wned					
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	of Deriva Securi Acquii (A) or Dispos of (D)	Expirative ecurities cquired of the country of the		e Exercisable and tion Date n/Day/Year)	7. Title and Amount of Securities Underlying Derivative Secur (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)		9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)		10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		11. Nature of Indirect Beneficial Ownership Instr. 4)

Explanation of Responses:

(1)

Stock Equivalent Unit

1. The Stock Units ("Units") convert to Common Stock on a one-for-one basis.

12/31/2014

2. Units acquired upon reinvestment of dividends accrued on Units under the Company's deferred compensation plan during 2014. The acquisition of Units with reinvested dividends is exempt from line item reporting under SEC Rule 16a-11.

Date

Exercisable

(3)

(D)

(A)

178(2)

Α

Expiration Date

(3)

Title

Stock

3. The Units are payable in Common Stock upon retirement or other termination of directorship.

Nanci Prado, attorney in fact 02/06/2015

\$0.0000

11,087

D

** Signature of Reporting Person Date

Amount Number

Shares

178

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.