FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Washington, D.C. 20549

	OMB APPROVAL
- 1	

OMB Number: 3235-0287 Estimated average burden hours per response: 0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name ar Ferraro (Last) 521 WES	IN' FR	2. Issuer Name and Ticker or Trading Symbol INTERNATIONAL FLAVORS & FRAGRANCES INC [IFF] 3. Date of Earliest Transaction (Month/Day/Year) 05/06/2016										neck all app	icable) or r (give title	g Person(s) to Issuer 10% Owner Other (specif below)		vner				
(Street) NEW Y(NEW YORK NY 10019				4. If	4. If Amendment, Date of Original Filed (Month/Day/Year)									6. I Lin	ndividual or Joint/Group Filing (Check Applicable e) X Form filed by One Reporting Person Form filed by More than One Reporting Person				
Table I - Non-Deriva 1. Title of Security (Instr. 3) 2. Transac Date (Month/Date)						ction 2A. Deemed Execution Date				3. 4. Transaction Code (Instr. 5)			ed of, or Benefic Securities Acquired (A) posed Of (D) (Instr. 3, 4			5. Amo Securit Benefic Owned	unt of ies ially Following	Form (D) o	: Direct r Indirect str. 4)	7. Nature of Indirect Beneficial Ownership
									(Code	v	Amount	(A) or (D)		Price	Reporte Transa (Instr. 3	ction(s)			(Instr. 4)
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deeme Execution if any (Month/Day	Date,	4. Transac Code (II				Expi	6. Date Exercisal Expiration Date (Month/Day/Year)			7. Title and Amount of Securities Underlying Derivative Securii (Instr. 3 and 4)			8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	у	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)
					Code	v	(A)	(D)	Date Exer	e rcisable	Ex Da	piration te	Title	OI N Of	umber					
Restricted Stock Units	(1)	05/06/2016			D			952	05/0	06/2016	05/	/06/2016	Comm		952	\$0.0000	0.0000		D	
Stock Equivalent Unit	(2)	05/06/2016			A		952			(3)		(3)	Comm		952	\$0.0000	952		D	

Explanation of Responses:

- 1. The Restricted Stock Units convert to Common Stock on a one-for-one basis.
- 2. The Stock Units ("Units") convert to Common Stock on a one-for-one basis.
- 3. The reporting person is receiving 952 Units resulting from the deferral of 952 RSUs granted under the Non-Employee Director Compensation Program which vested on May 6, 2016. The Units are being deferred until retirement or other termination of directorship. The Units are payable in Common Stock at the end of the deferral.

Nanci Prado, attorney in fact 05/06/2016

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.