FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL								
OMB Number: 3235-0287								
Estimated average burden								
haire man reasons.	0.5							

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person*  Fibig Andreas  (Last) (First) (Middle)  521 WEST 57TH STREET			<u>IN</u> <u>FR</u>	Issuer Name and Ticker or Trading Symbol INTERNATIONAL FLAVORS & FRAGRANCES INC [ IFF ]      Date of Earliest Transaction (Month/Day/Year) 02/26/2021								neck all ap	blicable) ctor er (give title w)		Person(s) to Issuer  10% Owner  Other (specify below)				
(Street)  NEW YO  (City)			10019 (Zip)		4. If	4. If Amendment, Date of Original Filed (Month/Day/Year)							6. Lir	e) X For For	ividual or Joint/Group Filing (Check Applicable  Form filed by One Reporting Person  Form filed by More than One Reporting  Person				
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																			
1. Title of Security (Instr. 3)  2. Transa Date (Month/D				Execution Date,		Transaction Disposed Code (Instr. 5)		ies Acquired (A) or Of (D) (Instr. 3, 4 and		Secur Benet Owne Repor	5. Amount of Securities Beneficially Owned Following Reported Transaction(s)		: Direct r Indirect str. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)					
								Code	٧	Amount	(A) or (D)	Price	(Instr.	3 and 4)					
Common Stock												65	614.398		D				
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security  2. Conversion or Exercise Price of Derivative Security  3. Transaction Date (Month/Day/Year)  34. Deemed Execution Date, if any (Month/Day/Year)			Co	Transaction Code (Instr.		Derivative		6. Date Exercisable and Expiration Date (Month/Day/Year)			7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		Derivati Securit	e derivati	ve ies ially ng	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)		
				Co	ode \	v	(A)	(D)	Date Exercisa		Expiration Date	Title	Amoun or Numbe of Shares		(Instr. 4				
Stock Equivalent Unit	(1)	02/26/2021		1	A		49.966 <sup>(2)</sup>		(3)		(3)	Common Stock	49.96	\$135.5	60,05	9.962	D		

## **Explanation of Responses:**

- $1. \ The \ Stock \ Equivalent \ Units \ ("Units") \ convert \ to \ Common \ Stock \ on \ a \ one-for-one \ basis.$
- 2. Reflects Units under the Company's deferred compensation plan resulting from deferral of compensation and the 25% premium contributed by the Company on such Units. Units contributed by the Company are subject to vesting based on continued employment through December 31, 2022.
- 3. The Units are payable in Common Stock upon earlier of termination of employment or January 1 following retirement.

/s/ Nanci Prado, attorney in fact 03/02/2021

\*\* Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.