FORM 5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	$D \subset$	205/10
wasiiiigton,	D.C.	20549

OWNERSHIP

vvasimgton, D.C. 20040										
ANNUAL STATEMENT OF CHANGES IN BENEFICIA										

OMB APPROVAL								
OMB Number:	3235-0362							
Estimated average burden								

hours per response

Instruction 1(b)

U Form 3	Holdings Rep	ortea.															
Form 4	Transactions	Reported.	Fil	ed pursuant t or Sectio					rities Excha Company Ac								
Name and Address of Reporting Person* MEANY DENNIS M				INTER	2. Issuer Name and Ticker or Trading Symbol INTERNATIONAL FLAVORS & FRAGRANCES INC [IFF]						5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner						
(Last) (First) (Middle) 521 WEST 57TH STREET					3. Statement for Issuer's Fiscal Year Ended (Month/Day/Year) 12/31/2008						/ear)	X Officer (give title Other (specify below) SVP, Gen.Counsel & Sec'y					
(Street) NEW YORK NY 10019 (City) (State) (Zip)					4. If Amendment, Date of Original Filed (Month/Day/Year)						Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person						
		Tabl	e I - Non-Deri	vative Sec	uritie	s Ac	cquire	d, Di	isposed	of, or I	3eneficia	lly Owne	d				
1. Title of Security (Instr. 3) 2. Transaction Date (Month/Day/Year)		Execution I							or Disposed	5. Amour Securitie Beneficia	es Owne			7. Nature of Indirect Beneficial			
			(Month/Day	(Month/Day/Year)			Amou	unt	(A) or (D)	Price	Owned at end of Issuer's Fiscal Year (Instr. 3 and 4)		(D) or Indirect (I) (Instr. 4)		Ownership (Instr. 4)		
Common Stock 12/31/2008			J		(1)	:	20(1)	A \$0 ⁽¹⁾		50,464		I)				
		Т	able II - Deriva (e.g., p	ative Secu outs, calls													
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Num of Deriva Securi Acquir (A) or Dispos of (D) (Instr. and 5)	Expiration Date (Month/Day/Year) Expiration Date (Month/Day/Year) Securities Underlying Derivative (Instr. 3 and 1) 1. 3, 4		t of ies ying ive Security	8. Price of Derivative Security (Instr. 5)	9. Numb derivativ Securitiv Benefici Owned Followir Reporte Transac (Instr. 4)	re es ally ig d tion(s)	10. Owners Form: Direct (I or Indire (I) (Instr	Beneficial Ownership ect (Instr. 4)				
					(A)	(D)	Date Exercis	able	Expiration Date	Title	Amount or Number of Shares	1					
Stock Equivalent	\$0 ⁽²⁾	12/31/2008		A	408 ⁽³⁾		(4)		(4)	Commo		\$0	20,1	05	D		

Explanation of Responses:

- 1. Shares acquired at fair market value upon reinvestment of dividends through broker-sponsored dividend reinvestment program during 2008. This acquisition with reinvestment of dividends is exempt from line item reporting under SEC Rule 16a-11.
- 2. The Stock Units ("Units") convert to Common Stock on a one-for-one basis.
- 3. Units acquired upon reinvestment of dividends accrued on units in the IFF Stock Fund under the Company's deferred compensation plan during 2008. The acquisition of units with reinvested dividends is exempt from line item reporting under SEC Rule 16a-11.
- 4. Not applicable.

Remarks:

Dennis M. Meany

** Signature of Reporting Person Date

01/14/2009

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.