## FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

	Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. <i>See</i> Instruction 1(b).
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## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

OMB APPROVAL								
OMB Number:	3235-0287							
OMB Number:	3235-0287							

Estimated average burden	
hours per response:	0.5

1. Name and Address of Reporting Person <sup>°</sup>				INTERNATIONAL FLAVORS &					(Check all applicable)			
MARTINEZ ARTHUR C				FRAGRANCES INC [ IFF ]					Director	10% C	Dwner	
(First) I STREET	(Middle)		3. Date of Earliest Transaction (Month/Day/Year) 11/26/2013					Officer (give title below)		(specify )		
(Street)		4. If <i>i</i>	4. If Amendment, Date of Original Filed (Month/Day/Year)				Line)	6. Individual or Joint/Group Filing (Check Applicable Line)				
NY	10019							X				
(State)	(Zip)								Form filed by More than One Reporting Person			
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned												
1. Title of Security (Instr. 3)		2. Transaction Date (Month/Day/Year)	ay/Year) Execution Date, if any		Transaction Code (Instr. 8)		3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
	ARTHUR C (First) H STREET NY (State)	ARTHUR C (First) (Middle) I STREET NY 10019 (State) (Zip) Table I - No	ARTHUR C (First) (Middle) 1 STREET (State) (Zip) (Instr. 3) 2. Transaction Date	ARTHUR C INTERNATIONA   (First) (Middle)   1 STREET 3. Date of Earliest Transa   NY 10019   (State) (Zip)   Table I - Non-Derivative Securities Acq   (Instr. 3) 2. Transaction Date	ARTHUR C   INTERNATIONAL FI     (First)   (Middle)     I STREET   3. Date of Earliest Transaction (N     NY   10019     (State)   (Zip)     Table I - Non-Derivative Securities Acquired     (Instr. 3)   2. Transaction Date (Month/Day/Year)     2. Transaction Date (Month/Day/Year)   3. Transaction Colspan="2">1. Transaction Date (Month/Day/Year)	ARTHUR C   INTERNATIONAL FLAV     (First)   (Middle)     I STREET   3. Date of Earliest Transaction (Month/I     NY   10019     (State)   (Zip)     Table I - Non-Derivative Securities Acquired, Dist (Month/Day/Year)     2. Transaction Date (Month/Day/Year)   3. Transaction Code (Instr. 8)	ARTHUR C   INTERNATIONAL FLAVORS & FRAGRANCES INC [ IFF ]     (First)   (Middle)     I STREET   3. Date of Earliest Transaction (Month/Day/Year)     NY   10019     (State)   (Zip)     Table I - Non-Derivative Securities Acquired, Disposed of, of (Month/Day/Year)     1. Tansaction Date (Month/Day/Year)   3. Date of Colspan="2">Colspan="2"	ARTHUR C   INTERNATIONAL FLAVORS & FRAGRANCES INC [ IFF ]     (First)   (Middle)     I STREET   3. Date of Earliest Transaction (Month/Day/Year)     NY   10019     (State)   (Zip)     Table I - Non-Derivative Securities Acquired, Disposed of, or Ben Date (Month/Day/Year)     2. Transaction Date (Month/Day/Year)   2A. Deemed Execution Date, (Month/Day/Year)   3. Transaction Code (Instr. 8)     2. Transaction Date   2. Transaction (Month/Day/Year)   3. Transaction Code (Instr. 8)   4. Securities Acquired Disposed Of (D) (Instr. (A) or	ARTHUR C   INTERNATIONAL FLAVORS & FRAGRANCES INC [ IFF ]   (Check X     (First)   (Middle)   3. Date of Earliest Transaction (Month/Day/Year)   (Check X     1 STREET   3. Date of Earliest Transaction (Month/Day/Year)   6. India Line)     NY   10019   4. If Amendment, Date of Original Filed (Month/Day/Year)   6. India Line)     X   Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially     (Instr. 3)   2. Transaction Date (Month/Day/Year)   3. Transaction Date (Month/Day/Year)   3. Transaction Code (Instr.   4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5)	ARTHUR C   INTERNATIONAL FLAVORS & FRAGRANCES INC [ IFF ]   (Check all applicable) X Director Officer (give title below)     (First)   (Middle)     1 STREET   3. Date of Earliest Transaction (Month/Day/Year)   (Check all applicable) X Director Officer (give title below)     NY   10019     (State)   (Zip)     Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned     Instr. 3)   2. Transaction Date (Month/Day/Year)     2. Transaction Date (Month/Day/Year)   3. (Month/Day/Year)     3. Code (Instr. 3)   2. Transaction Date (Month/Day/Year)	ARTHUR C   INTERNATIONAL FLAVORS & FRAGRANCES INC [ IFF ]   (Check all applicable)   X   Director   10% C     (First)   (Middle)   3. Date of Earliest Transaction (Month/Day/Year)   (Shorth/Day/Year)   Officer (give title other below)   Officer (give title other below)   Officer (give title other below)     NY   10019   11/26/2013   4. If Amendment, Date of Original Filed (Month/Day/Year)   6. Individual or Joint/Group Filing (Check A Line)     NY   10019   A. If Amendment, Date of Original Filed (Month/Day/Year)   5. Individual or Joint/Group Filing (Check A Line)     X   Form filed by One Reporting Person   Form filed by More than One Rep Person     Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned   5. Amount of Securities Beneficially Owned     (Instr. 3)   2. Transaction Date (Month/Day/Year)   3. Transaction (Month/Day/Year)   3. Transaction (Month/Day/Year)   5. Amount of Securities Beneficially Owned Following Reported Transaction (I) (Instr. 4) and To Pare (I) or Indirect (I) (Instr. 4)	

**G**<sup>(1)</sup> Common Stock 11/26/2013 3,000 v D \$0.0000 750 D Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities) 6. Date Exercisable and Expiration Date (Month/Day/Year) 9. Number of 1. Title of 3. Transaction 7. Title and 8. Price of Derivative 3A. Deemed 5. Number 10. 11. Nature Derivative Security (Instr. 3) Transaction Code (Instr. 8) Amount of Securities Conversion Execution Date, derivative Ownership of Indirect Date (Month/Day/Year) of Derivative Security (Instr. 5) or Exercise if anv Securities Form: Beneficial Beneficially Owned Price of Derivative (Month/Day/Year) Securities Underlying Direct (D) Ownership (Instr. 4) Acquired (A) or Disposed or Indirect (I) (Instr. 4) Derivative Following Reported Security Security (Instr. 3 and 4) of (D) (Instr. 3, 4 and 5) Transaction(s) (Instr. 4) Amount or Number Expiration Date of

Exercisable

Date

Explanation of Responses:

1. Shares gifted to donor-advised charitable fund.

## By: Joseph F. Leightner, attorney in fact

Shares

Title

11/26/2013

\*\* Signature of Reporting Person Date

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Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

\* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Code V

(A) (D)

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.