FORM 4

## **UNITED STATES SECURITIES AND EXCHANGE COMMISSION**

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL									
OMB Number: 3235-02									
Estimated average burden									
hours per response:	0.5								

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* Fibig Andreas				IN	2. Issuer Name and Ticker or Trading Symbol INTERNATIONAL FLAVORS & FRAGRANCES INC [ IFF ]							(Ch	elationship o eck all applio X Directo	able)	ing Person(s) to Issuer 10% Owner				
(Last) (First) (Middle) 521 WEST 57TH STREET				3. [	3. Date of Earliest Transaction (Month/Day/Year) 07/30/2021								X Officer (give title below) Other (specify below)  CEO						
(Street) NEW YO	(Street) NEW YORK NY 10019				4. 1	4. If Amendment, Date of Original Filed (Month/Day/Year)							Line	dividual or Joint/Group Filing (Check Applicable  Form filed by One Reporting Person  Form filed by More than One Reporting  Person					
(City)	(S	· · · · · · · · · · · · · · · · · · ·	(Zip)		<u> </u>	ive Securities Acquired, Disposed of, or Beneficia													
		Tak	ole I - Non	-Deriv	atıv	e Se	curities	Acc	quired,	Disi	posed o	t, or Bei	neficiali	y Owned					
1. Title of Security (Instr. 3)  2. Transat Date (Month/Date)					Execution Date,			3. 4. Securities Acquired Disposed Of (D) (Instr. 5)			5. Amour Securitie Beneficia Owned F Reported	s Form ally (D) o following (I) (In		: Direct   I Indirect   I str. 4)   (	7. Nature of ndirect Beneficial Ownership Instr. 4)				
								Code	v	Amount	unt (A) or (D)		Transact (Instr. 3 a	action(s)			,		
Common Stock											78,38	78,384.549		D					
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security (Instr. 3)	ative Conversion Date Execution Date, if any			ate, Ti	4. Transaction Code (Instr. 8)				6. Date Exercisable and Expiration Date (Month/Day/Year)			7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s)		10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)	
				c	ode	v	(A)	(D)	Date Exercisal		Expiration Date	Title	Amount or Number of Shares		(Instr. 4)	oni(ə)			
Stock Equivalent Unit	(1)	07/30/2021			A		76.41 <sup>(2)</sup>		(3)		(3)	Common Stock	76.41	\$150.64	63,519.9	996	D		

## **Explanation of Responses:**

- 1. The Stock Equivalent Units ("Units") convert to Common Stock on a one-for-one basis.
- 2. Reflects Units under the Company's deferred compensation plan resulting from deferral of compensation, a company match and the 25% premium contributed by the Company on such Units. Units contributed by the Company are subject to vesting based on continued employment through December 31, 2022.
- 3. The Units are payable in Common Stock upon earlier of termination of employment or January 1 following retirement.

/s/ Nanci Prado, attorney in fact 08/03/2021

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- $^{\star}$  If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.