Instruction 1(b)

Form 3 Holdings Reported.

FORM 5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	$D \subset$	205/10
wasiiiigton,	D.C.	20549

ANNUAL STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL							
OMB Number: 3235-0362							
Estimated average burden							
hours per response:	1.0						

Form 4	Transactions	Reported.	Fil	ed pursuant to or Section					rities Excha Company Ac		of 1934							
Name and Address of Reporting Person* Fibig Andreas				INTER	2. Issuer Name and Ticker or Trading Symbol INTERNATIONAL FLAVORS & FRAGRANCES INC [IFF]						5	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner						er
(Last) (First) (Middle) 521 WEST 57TH STREET					3. Statement for Issuer's Fiscal Year Ended (Month/Day/Year) 12/31/2016						'ear)	X Officer (give title Other (specify below) CEO						
(Street) NEW YO			10019 Zip)	4. If Amer	Lin								ndividual or Joint/Group Filing (Check Applicable) X Form filed by One Reporting Person Form filed by More than One Reporting Person					
		Tab	le I - Non-Deri	vative Sec	uritie	s Ac	quire	d, Di	isposed	of, or E	Benefici	ally Ow	ned					
Date (Month/Day/Year)			Execution D			ansaction Of (D) (Instr. 3, 4 anode (Instr.		uired (A) or Dispose and 5)		Securities Beneficiall		Owner lly Form:		rship Indi		lature of irect neficial		
			(Month/Day/Year)		0)		Amount		(A) or (D)	Price	Issue	Owned at end of Issuer's Fiscal Year (Instr. 3 and 4)		(D) or Indirect (I) (Instr. 4)		Ownership (Instr. 4)		
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																	
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	on Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	Transaction of Code (Instr. Deriva		ivative surities quired or posed D) str. 3, 4		te Exercisable and ation Date th/Day/Year)		7. Title and Amount of Securities Underlying Derivative Secur (Instr. 3 and 4)		8. Price Derivating Security (Instr. 5)		3. Numbo derivativ Securitie Beneficia Owned Followin Reported Transact (Instr. 4)	ve es ally eg d tion(s)	10. Owners Form: Direct (or Indir (I) (Insti	ship c E D) (ect (11. Nature of Indirect Beneficial Ownership (Instr. 4)
					(A)	(D)	Date Exercis	able	Expiration Date	Title	Amour or Numbe of Shares							
Stock Equivalent	(1)	12/31/2016		A	107 ⁽²⁾		(3)		(3)	Commo	n 107	\$0.000		8,93	88	D		

Explanation of Responses:

- 1. The Stock Units ("Units") convert to Common Stock on a one-for-one basis.
- 2. Units acquired upon reinvestment of dividends accrued on units in the IFF Stock Fund under the company's deferred compensation plan during 2016. The acquisition of units with reinvested dividends is exempt from line item reporting under SEC rule 16a-11.
- 3. Not applicable.

Nanci Prado, attorney in fact 02/13/2017

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.