FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Check this box if no longer subject to	
Section 16. Form 4 or Form 5	
obligations may continue. See	
Instruction 1(b).	

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL OMB Number: Estimated average burden hours per response: 0.5

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* BROOKS CLINT D						2. Issuer Name and Ticker or Trading Symbol INTERNATIONAL FLAVORS & FRAGRANCES INC [IFF]									eck all appl Direct	icable)	Person(s) to I		
(Last)	(Fi	rst) (Middle)												X below		below		
INTERNATIONAL FLAVORS & FRAGRANCES INC.						3. Date of Earliest Transaction (Month/Day/Year) 12/23/2004										SVP, F	R & D		
521 WEST 57TH ST						4. If Amendment, Date of Original Filed (Month/Day/Year)									6. Individual or Joint/Group Filing (Check Applicable Line)				
(Street)														1	,	filed by One	Reporting Pers	son	
NEW YORK NY 10019			10019											Form Perso	filed by More than One Reporting		orting		
(City)	(St	tate) ((Zip)																
		Tab	le I - Non-D	Derivat	tive	Sec	uritie	es Ac	quired,	Dis	osed	of, or E	enet	ficial	ly Owne	d			
1. Title of Security (Instr. 3) 2. Transac Date (Month/Date)						r) Ex	2A. Deemed Execution Date, f any (Month/Day/Year)		Code (I		Dispose	4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 5)			Benefic Owned	ies ially Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership	
									Code	v	Amount	ount (A) or (D)		Price	Reporte Transac (Instr. 3	ction(s)		(Instr. 4)	
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date if any (Month/Day/Ye	Co	ransaction code (Instr.				6. Date Exe Expiration (Month/Day	Date	Amount of		urity	8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)		
				Co	ode \	v	(A)	(D)	Date Exercisable		opiration ate	Title	or	ount nber ıres					
Stock Equivalent Unit	(1)	12/23/2004	12/27/2004	1 1	A		103		(2)		(2)	Commor Stock	1	03	\$42.64	5,992	D		

Explanation of Responses:

- 1. The Stock units ("Units") convert to Common Stock on a one-for-one basis.
- 2. Units under the Company's deferred compensation plan resulting from (a) deferral of compensation and Company match (in shares), (b) premium (in shares) to participants deferring compensation into Units and (c) dividends (in shares) on Units. 21 of the acquired Units are subject to vesting based on employment through December 31, 2005.

Dennis M. Meany, Attorney-in12/27/2004 <u>fact</u>

** Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.