FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

				Taching	, 2.0. 200				OMB APPR	OVAL
Check this box Section 16. For	STA	TEMENT	Es	/B Number: timated average burg						
obligations may Instruction 1(b)				rsuant to Section 16(a) or Section 30(h) of the In		es Exchange Act of 1934 npany Act of 1940		ho	urs per response:	0.5
1. Name and Addr Suarez Gonz	ess of Reporting Pe z <mark>alez Susana</mark>	rson*	<u>11</u>	Issuer Name and Ticke NTERNATIONA	<u>AL FLAV</u>	ORS &		tionship of Repo all applicable) Director Officer (give ti below)		Owner (specify
(Last) 521 WEST 571	(First) TH STREET	(Middle)		Date of Earliest Transa 3/15/2018	ction (Month/	Day/Year)		,	/P, Chief HR Officer	
(Street)			4.	. If Amendment, Date of	Original Filed	l (Month/Day/Year)	6. Indiv Line)	/idual or Joint/Gr	oup Filing (Check /	Applicable
NEW YORK	NY	10019					X	Form filed by	One Reporting Per	son
(City)	(State)	(Zip)						Form filed by Person	More than One Re	porting
		Table I - No	n-Derivativ	ve Securities Acq	uired, Dis	posed of, or Benefi	cially	Owned		
1. Title of Security	y (Instr. 3)		2. Transaction Date (Month/Day/Ye	Execution Date,	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 4		5. Amount of Securities Beneficially Owned Followin Benorted	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	Code (Instr.		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5)			Securities Beneficially Owned Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
			Code	v	Amount	(A) or (D)	Price Reported Transaction(s) (Instr. 3 and 4)			(1130.4)	
Common Stock	03/15/2018		Α		520 ⁽¹⁾	Α	\$0.0000	973	D		
Common Stock	03/15/2018		F		149 ⁽²⁾	D	\$139.03	824	D		

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	vative Conversion Date Execution Date, urity or Exercise (Month/Day/Year) if any		Transaction Code (Instr.		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				

Explanation of Responses:

1. These shares represent the 50% portion of the reporting person's payout under the 2015-2017 Long Term Incentive Plan ("LTIP") cycle settled in shares of the issuer's common stock. The number of shares was determined based on the average closing market price of the issuer's common stock for the twenty trading days prior to January 2, 2015, the first stock trading day of the LTIP cycle. 2. Shares withheld to satisfy tax withholding obligations in connection with the receipt of shares under the LTIP.

Nanci Prado, attorney in fact 03/19/2018 ** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.