FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Check this box if no longer subject to
Section 16. Form 4 or Form 5
obligations may continue. See
Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL OMB Number: Estimated average burden hours per response: 0.5

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name ar	2. Issuer Name and Ticker or Trading Symbol INTERNATIONAL FLAVORS & FRAGRANCES INC [IFF]										(Ch	eck all appli X Directo	•		on(s) to Issuer 10% Owner Other (specify						
(Last) (First) (Middle) 521 WEST 57TH STREET						3. Date of Earliest Transaction (Month/Day/Year) 05/06/2016										below			below)		
(Street) NEW YORK NY 10019 (City) (State) (Zip)					4. If <i>A</i>	4. If Amendment, Date of Original Filed (Month/Day/Year)										e) X Form	Form filed by One Reporting Person Form filed by More than One Reporting Person				
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																					
1. Title of Security (Instr. 3) 2. Transac Date (Month/Da					tion 2A. Dee Execution (ay/Year) if any			eemed ution Date,		3. 4. Secu Transaction Dispos Code (Instr. 5)		4. Secur Dispose	ities Acc	uired (A) or	5. Amou Securiti Benefic Owned	int of es ially Following	Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership	
									-	Code	ode V Am		t (A) or (D)		Price	Transac	Reported Transaction(s) (Instr. 3 and 4)			(Instr. 4)	
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																					
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Da if any (Month/Day/\)		ransaction Code (Instr.				6. Date Exercisal Expiration Date (Month/Day/Year			Amount of		t of ies ving ive Sec		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	, C F C Q	0. Ownership Form: Direct (D) or Indirect I) (Instr. 4)	Beneficial Ownership (Instr. 4)	
				С	ode \	v	(A)	(D)	Date Exer	e rcisable	Ex Da	piration ite	Title	or Nu of	ount mber ares						
Restricted Stock Units	(1)	05/06/2016			D			952	05/0	06/2016	05	/06/2016	Commo		52	\$0.0000	0.0000		D		
Stock Equivalent Unit	(2)	05/06/2016			A		952			(3)		(3)	Commo		52	\$0.0000	15,206		D		

Explanation of Responses:

- 1. The Restricted Stock Units convert to Common Stock on a one-for-one basis.
- 2. The Stock Units ("Units") convert to Common Stock on a one-for-one basis.
- 3. The reporting person is receiving 952 Units resulting from the deferral of 952 RSUs granted under the Non-Employee Director Compensation Program which vested on May 6, 2016. The Units are being deferred until retirement or other termination of directorship. The Units are payable in Common Stock at the end of the deferral.

Nanci Prado, attorney in fact 05/06/2016

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.