SEC Form	4
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(Last)

(Street) **NEW YORK**

(City)

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Check this box if no longer subject to
Section 16. Form 4 or Form 5
obligations may continue. See
Instruction 1(b).

1. Name and Address of Reporting Person* HUDSON KATHERINE M

521 WEST 57TH STREET

(First)

NY

(State)

(Middle)

10019

(Zip)

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

	ROVAL
OMB Number:	3235-0287
Estimated average b	ourden
hours not reenance.	0.5

Filed	pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940			JISE.
	2. Issuer Name and Ticker or Trading Symbol INTERNATIONAL FLAVORS & FRAGRANCES INC [IFF]	5. Relationship of (Check all applica X Director Officer (s	ble)	10% Owner Other (specify
	3. Date of Earliest Transaction (Month/Day/Year) 04/27/2013	below)		below)

6. Individual or Joint/Group Filing (Check Applicable Line) Х Form filed by One Reporting Person

Form filed by More	than	One	Reporti	ng
Person				-

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

4. If Amendment, Date of Original Filed (Month/Day/Year)

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	Code (4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5)				Securities Beneficially Owned Following	(D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership
			Code	v	Amount	(A) or (D)	Price	Reported Transaction(s) (Instr. 3 and 4)		(Instr. 4)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

	(eigi, pais, vana, vanans, options, conventible securities)														
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Code (8)		Derivative		Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	derivative Securities Beneficially Owned Following Reported	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		Transaction(s) (Instr. 4)		
Restricted Stock Units	(1)	04/27/2013		D			1,987	04/27/2013	04/27/2013	Common Stock	1,987	\$0.0000	0.0000	D	
Stock Equivalent Unit	(2)	04/27/2013		A		1,987		(3)	(3)	Common Stock	1,987	\$0.0000	6,662	D	

Explanation of Responses:

1. The Restricted Stock Units convert to Common Stock on a one-for-one basis.

2. The Stock Units ("Units") convert to Common Stock on a one-for-one basis.

3. The reporting person is receiving 1,987 Units resulting from the deferral of 1,987 RSUs granted under the Non-Employee Director Compensation Program which vested on April 27, 2013. The Units are being deferred until retirement or other termination of directorship. The Units are payable in Common Stock at the end of the deferral.

By: Jodie Simon Friedman,

attorney in fact

04/29/2013

Date

** Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.