SEC Form 4	
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UNITED STATES SECURITIES AND EXCHANGE COMMISSION

		-				Washin	gton, D.	C. 205	549					OMB APPR	Οναι	
Section 16. Form 4 or Form 5 obligations may continue. See					T OF CHANGES IN BENEFICIAL OWNERSHIP								Esti	3 Number: mated average bu rs per response:	3235-0287	
1. Name and Address of Reporting Person* <u>Chwat Anne</u>					2. Issu <u>INT</u>	or Section 30(h) of the Investment Company Act of 1940 2. Issuer Name and Ticker or Trading Symbol INTERNATIONAL FLAVORS & FRAGRANCES INC [IFF]							nip of Report oplicable) ector cer (give title ow)	10% Owner		
(Last) 521 WES	st) (First) (Middle) 1 WEST 57TH STREET				3. Date of Earliest Transaction (Month/Day/Year) 06/02/2011							501	,	& Corp. Sec'	,	
(Street) NEW YO	ORK N	Y :	10019		4. If A	4. If Amendment, Date of Original Filed (Month/Day/Year)						ine) X Foi Foi	,			
(City)	(S	-	(Zip)									-				
Table I - Non-Deriva 1. Title of Security (Instr. 3) 2. Transact Date (Month/Day				tion	ion 2A. Deemed Execution Date,		3. Transaction D Code (Instr.		4. Securities Acquired (A) of Disposed Of (D) (Instr. 3, 4			ned nount of rities eficially ed Following orted	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
							Code	v	Amount	(A) or (D)	Price	Tran	saction(s) r. 3 and 4)		(1150.4)	
Common Stock 06/02/2					2011		A		13,520 ⁽¹	.) A	\$31.	065	1 3,524 ⁽²⁾	D		
		Ta	able II -			curities Acqu IIs, warrants,							b			
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of	3. Transaction Date (Month/Day/Year)	3A. Deer Executio if any (Month/I	on Date,	4. Transacti Code (Ins 8)	ion of	6. Date Expirati (Month/	ion Da		7. Title au Amount o Securitie Underlyii Derivativ	of s ng	8. Price of Derivative Security (Instr. 5)		Ownershi Form:	Beneficial Ownership	

or Number Date Exercisable Expiration Date of Shares v (A) (D) Title Code Explanation of Responses: 1. Purchased Restricted Stock, all of which will vest on April 2, 2014.

2. Includes holdings under the 401(k) Plan representing 4 shares. The information is presented as of June 2, 2011.

By: Jodie Simon Friedman, attorney in fact

Amount

06/06/2011

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

 * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.