SEC Form 4	
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FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b)
Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

OMB APPROVAL										
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Estimated average burde	en
hours per response:	0.5

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1. Name and Address of Reporting Person [*] Vaisman Hernan				2. Issuer Name and Ticker or Trading Symbol <u>INTERNATIONAL FLAVORS &</u> <u>FRAGRANCES INC</u> [IFF]							ationship of Reportir k all applicable) Director Officer (give title below)	10% C	Owner (specify
(Last) 521 WEST 57TI	(First) H STREET	(Middle)		3. Date of Earliest Transaction (Month/Day/Year) 04/30/2009							,	ident, Flavors	,
(Street)			4.	4. If Amendment, Date of Original Filed (Month/Day/Year)						6. Indi [,] Line)	lividual or Joint/Group Filing (Check Applicable		
NEW YORK	NY	10019									Form filed by One Reporting Person		
(City)	(State)	(Zip)									Form filed by Mo Person	re than One Rep	porting
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned													
Date			2. Transactio Date (Month/Day/Y	Execution Date, Tra		Transa Code (Transaction Disposed Of (D) (Instr. 3, 4 Code (Instr. 5)			5. Amount of Securities Beneficially Owned Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership	
						Code	v	Amount	(A) or (D)	Price	Reported Transaction(s) (Instr. 3 and 4)		(Instr. 4)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. 5 Transaction o Code (Instr. 0 8) S A ((0 0 0 0		4. Transaction Code (Instr.		4. Transactio Code (Inst		Transaction Code (Instr. 8) of Code (Instr. 8) Securities Acquired (A) or Disposed of (D)		5. Number of Derivative Acquired (A) or Disposed of (D) (Instr. 3, 4			7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)		Date Exercisable	Expiration Date	Title	Amount or Number of Shares		(
Stock Equivalent Unit	\$0 ⁽¹⁾	04/30/2009	05/01/2009	A		60		(2)	(2)	Common Stock	60	\$31.2	1,846	D						

Explanation of Responses:

1. The Stock Units ("Units") convert to Common Stock on a one-for-one basis.

2. Units under the Company's deferred compensation plan resulting from (a) deferral of compensation and Company match (in shares), (b) premium (in shares) to participants deferring compensation into Units and (c) dividends (in shares) on Units. 12 of the acquired Units are subject to vesting based on employment through December 31, 2010.

Remarks:

By: Dennis Meany, attorney in 05/01/2009

<u>fact</u>

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

 \ast If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.