SEC	Form	4
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FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL

OMB Number: 3235-0287								
Estimated average burden								
hours per response:	0.5							

Section 16. Fo	k if no longer subject to rm 4 or Form 5 ry continue. <i>See</i>).
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person [*] Buck Linda B					2. Issuer Name and Ticker or Trading Symbol <u>INTERNATIONAL FLAVORS &</u> <u>FRAGRANCES INC</u> [IFF]								5. Relationship of Reporting P (Check all applicable) X Director			Person(s) to Issuer 10% Owner	
(Last) 521 WES	(F ST 57TH S		(Middle)		3. Date of Earliest Transaction (Month/Day/Year) 04/28/2012							-	Officer below)	(give title		Other (below)	specify
(Street) NEW YORK NY 10019								ıy/Yea	ır)	Line)	K Form fi	led by One	e Repo	(Check Ap rting Perso One Repo	in		
(City)	(S	State)	(Zip)										Person				
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																
1. Title of Security (Instr. 3) Date (Month/I			action Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8) 4. Securiti Disposed 5)					and Securities Beneficially Owned Following		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership			
							Code	v	Amount		(A) or (D)	Price	Reported Transact (Instr. 3 a	on(s)			(Instr. 4)
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution D if any (Month/Day	ate, Ti	ransaction ode (Instr.	Derivative	6. Date Exercisable and Expiration Date (Month/Day/Year) 7. Title and Amount of Securities Underlying Derivative Secu (Instr. 3 and 4)				8. Price of Derivative Security (Instr. 5) Beneficial Owned Following Reported		e s Illy g	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)		

			Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		(Instr. 4)		
Restricted Stock Units	(1)	04/28/2012	D			3,115	04/28/2012	04/28/2012	Common Stock	3,115	\$0.0000	0.0000	D	
Stock Equivalent Unit	(2)	04/28/2012	A		3,115		(3)	(3)	Common Stock	3,115	\$0.0000	7,058	D	

Explanation of Responses:

1. The Restricted Stock Units convert to Common Stock on a one-for-one basis.

2. The Stock Units ("Units") convert to Common Stock on a one-for-one basis.

3. The reporting person is receiving 3,115 Units resulting from the deferral of 3,115 RSU's granted under the Non-Employee Director Compensation Program which vested on April 28, 2012. The Units are being deferred until retirement or other termination of directorship. The Units are payable in Common Stock at the end of the deferral.

> By: Jodie Simon Friedman, attorney in fact

04/30/2012

** Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

Date

Reported Transaction(s)