FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Check fils box if no longer subject to obligations may continue. See instruction 1(b). STATEMENT OF CHANGES IN DENEFICIAL OWNERSTIP Section 30(h) of the Investment Company Act of 1934 Estimated average burden hours per response: 0. 1. Name and Address of Reporting Person* 2. Issuer Name and Ticker or Trading Symbol INTERNATIONAL FLAVORS & FRAGRANCES INC [IFF] 5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner x Officer (give title Other (specify below) 2.1 west 57TH STREET 3. Date of Earliest Transaction (Month/Day/Year) (IAT 5. Individual or Joint/Group Filing (Check Applicable) Director 10% Owner x Officer (give title Other (specify below) NEW YORK NY 10019 4. If Amendment, Date of Original Filed (Month/Day/Year) 6. Individual or Joint/Group Filing (Check Applicable) Director NEW YORK NY 10019 4. If Amendment, Date of Original Filed (Month/Day/Year) 6. Individual or Joint/Group Filing (Check Applicable) Director Victor Zamasction Date (Month/Day/Year) 2. Transaction Date (Month/Day/Year) 3. Transaction Date (Month/Day/Year) 3. Accurities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5) 5. Amount of Securities (Month Day/Year) 6. Ownership form: Direct or Securities Beneficially						Washing	gton, D.	C. 20	549				OMB APPRO	OVAL	
Baydar Ahmet INTERNATIONAL FLAVORS & FRAGRANCES INC [IFF] (Check all applicable) 0 10% Owner (Last) (First) (Middle) 3. Date of Earliest Transaction (Month/Day/Year) 0/115/2013 SVP, Research & Development SUreet) NEW YORK NY 10019 0/115/2013 6. Individual or Joint/Group Filing (Check Applicable) SVP, Research & Development (City) (State) (Zip) 4. If Amendment, Date of Original Filed (Month/Day/Year) 6. Individual or Joint/Group Filing (Check Applicable) X Form filed by One Reporting Person Form filed by One Reporting Person Form filed by One Reporting Person Form filed by One Reporting Person Form filed by One Reporting Person I. Title of Security (Instr. 3) 2. Transaction Date (Month/Day/Year) 3. Transaction Date (Month/Day/Year) 3. Transaction Date (Month/Day/Year) 5. Amount of Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5) 5. Amount of Monter Doloning Reported (Instr. 3, 4 and 5) 6. Ownership Armasaction (Instr. 4) 1. Title of Security (Instr. 3) 2. Transaction Date (Month/Day/Year) 3. Transaction (Dol (Instr. 4) 5. Amount of Doloning Reported (Instr. 3, 4 and 5) 5. Amount of (D) (Instr. 4) 6. Ownership Armasaction (Instr. 4)	Section 16. Form 4 or Form 5 obligations may continue. See				pursua	ant to Section 16(a)		Estimated average burden							
$(Street) \\ NEW YORK NY 10019 \\ \hline (City) (State) (Zip) \\ (City) $	Baydar Ahmet (Last) (First) (Middle)				INTERNATIONAL FLAVORS & FRAGRANCES INC [IFF] 3. Date of Earliest Transaction (Month/Day/Year)							ck all applicable) Director 10% Owner Officer (give title Other (specify below) below)			
1. Title of Security (Instr. 3) 2. Transaction Date (Month/Day/Year) 2A. Deemed Execution Date, if any (Month/Day/Year) 3. Transaction Date (Month/Day/Year) 4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5) 5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4) 6. Ownership Form: Direct (D) or Indirect Ownership Instr. 4)	NEW YORK					4. If Amendment, Date of Original Filed (Month/Day/Year)						X Form filed by One Reporting Person Form filed by More than One Reporting			
Date (Month/Day/Year) Date (Month/Day/Year) Execution Date, if any (Month/Day/Year) Transaction (S) Disposed Of (D) (Instr. 3, 4 and 5) Securities Beneficial Owned Following Reported Transaction(s) (Instr. 4) Form: Direct (D) or Indirect Owned Following Reported Transaction(s) (Instr. 4) Form: Direct (D) or Indirect (Instr. 4) of Indirect Owned Following Reported Transaction(s) (Instr. 4) Form: Direct (D) or Indirect (Instr. 4) of Indirect Owned Following Reported Transaction(s) Form: Direct (I) (Instr. 4) of Indirect (I) (Instr. 4)			Table I - No	on-Deriva	tive	Securities Acc	quired	l, Dis	sposed of,	or Be	neficially	Owned			
Code V Amount (A) or (D) Price Transaction(s) (Instr. 3 and 4)	Date			Date	-	Execution Date, if any	Transaction Code (Instr.					Securities Beneficially Owned Followin	Form: Direct (D) or Indirect	7. Nature of Indirect Beneficial Ownership	
Common Stock 01/15/2013 J ⁽¹⁾ 3 A \$69.44 ⁽²⁾ 21,030 ⁽³⁾ D							Code	v	Amount	(A) or (D)	Price	Transaction(s)		(Instr. 4)	
	Common Stock 01/1			01/15/20	013		J ⁽¹⁾		3	A	\$69.44 ⁽²⁾	21,030 ⁽³⁾	D		

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				

Explanation of Responses:

1. Acquisition under IFF's 401(k) Plan.

2. Closing market price on date of acquisition under IFF's 401(k) Plan.

3. Includes holdings under the 401(k) Plan representing 307 shares. The information is presented as of January 15, 2013.

By: Jodie Simon Friedman,

attorney in fact

01/17/2013

Date

** Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.