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FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. <i>See</i> Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

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(Street) NEW YORK NY 10019 (City) (State) (Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned 1. Title of Security (Instr. 3) 2. Transaction Date (Month/Day/Year) 2A. Deemed Execution Date, if any (Month/Day/Year) 3. Code (Instr. 4) 3. (A mount 4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5) 5. Amount of Securities (A mount 6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4) 7. Nile (Month/Day/Year) 1. Title of Securities Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (I) (Instr. 4) 6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4) 6. Ownership Form: Direct (I) (Instr. 4) 7. Nile Securities (I) (Instr. 4) 8. Price of Derivative Securities 8. Price of Code (Instr. 4) 8. Price of Ownership (Instr. 3) 9. Number of Derivative Securities (Instr. 3) 6. Date Exercisable and Execution Date, if any (Instr. 3) 7. Title and Anount of Securities Securities (Instr. 3) 8. Price of Ownership (Instr. 3) 9. Number of Derivative Securities (Instr. 4) 10. Ownership Form: Direct (I) (Instr. 4)	Berryman Kevin C					2. Issuer Name and Ticker or Trading Symbol INTERNATIONAL FLAVORS & FRAGRANCES INC [IFF]							(Ch	5. Relationship of Reportin (Check all applicable) Director V Officer (give title			on(s) to Issu 10% Ow Other (s	/ner
(Street) NEW YORK NY 10019 (City) (State) (Zip) Form filed by One Reporting Person Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned Form filed by More than One Reporting Person 1. Title of Security (Instr. 3) 2. Transaction Date (Month/Day/Year) 2. Transaction Date (Month/Day/Year) 3. Transaction (I) (Instr. 4) 5. Amount of Securities Beneficially Owned (A) or Disposed of (D) (Instr. 3, 4 and 5) 5. Amount of Securities Beneficially Owned (I) (Instr. 4) 6. Ownership Porm: Direct (I) (I) (Instr. 4) 7. N (Instr. 4) 1. Title of Derivative Securities Acquired, Disposed of (D) (Instr. 3, 4 and 5) S. Amount of Securities Beneficially Owned (I) (I) (Instr. 4) S. Amount of Securities Beneficially Owned (I) (I) (Instr. 4) S. Amount of Securities Beneficially Owned (I) (I) (Instr. 4) S. Amount of Securities Beneficially Owned (E.g., puts, calls, warrants, options, convertible Securities) S. Price of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3 and 4) S. Price of Derivative Securities Beneficially Owned (I) (I) (Instr. 4) Title and Amount of Securities Beneficially Owned (I) (I) (Instr. 4) S. Price of Derivative Security (Instr. 5) S. Number of Derivative Securities (I) (I) (Instr. 5) S. Number of Derivative Security (Instr. 5) S. Number of Derivative Security (I) (I) (Instr. 4) S. Price of Derivative Security (I) (I) (Instr. 5) S. Number of Derivative Security (I) (Instr. 5) S. Price of Derivativ															& Chief I	· · · /		r
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Restricted Visition Op/O/2/2012 D D D Solar Op/O/2/2012 Solar Solar Solar Solar D D Stock Visition G(3) Solar/2012 Solar A <t< th=""><th></th><th></th><th></th><th>Code</th><th>v</th><th>(A)</th><th>(D)</th><th>Date Exercisable</th><th>Expiration Date</th><th>Title</th><th>of Shares</th><th></th><th></th><th></th><th></th></t<>				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	of Shares				
Equivalent (3) 05/27/2012 A 3,281 (4) (4) Common 3,281 \$0.000 15,258 D	Stock	(1)	05/27/2012	D			3,281	(2)	05/27/2014		3,281	\$0.0000	6,563	D	
	Equivalent	(3)	05/27/2012	A		3,281		(4)	(4)		3,281	\$0.0000	15,258	D	

Explanation of Responses:

1. The Restricted Stock Units convert to Common Stock on a one-for-one basis.

2. The Restricted Stock Units vest in 5 equal annual installments beginning on May 27, 2010.

3. The Stock Units ("Units") convert to Common Stock on a one-for-one basis.

4. The reporting person received 3,281 Units from the vesting on May 27, 2012 of 20% of an RSU grant made on May 27, 2009 and is deferring all 3,281 Units. The Units are being deferred until retirement or other termination of employment.

By: Jodie Simon Friedman, attorney in fact

or

05/29/2012

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.