Instruction 1(b)

FORM 5

Form 3 Holdings Reported

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

ANNUAL STATEMENT OF CHANGES IN BENEFICIAL **OWNERSHIP**

OMB APPROVAL								
OMB Number:	3235-0362							
Estimated average burden								
hours per response:	1.0							

Form 4	1 Transactions	Reported.	Fil	ed pursuant t or Sectio					ırities Excha Company Ac		f 1934						
Name and Address of Reporting Person* Berryman Kevin C				INTER	2. Issuer Name and Ticker or Trading Symbol INTERNATIONAL FLAVORS & FRAGRANCES INC [IFF]							Office (/ / / / / / / / / / / / / / / / / /				o Issuer 6 Owner er (spec	r
(Last) (First) (Middle) 521 WEST 57TH STREET					3. Statement for Issuer's Fiscal Year Ended (Month/Day/Year) 12/31/2010						ear)	X Officer (give title Other (specify below) EVP & Chief Financial Officer					
(Street) NEW YORK NY 10019 (City) (State) (Zip)				4. If Amer	4. If Amendment, Date of Original Filed (Month/Day/Year)							Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person					
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																
Date I (Month/Day/Year) i			Execution D				4. Securities Acquired (A) or Dispos Of (D) (Instr. 3, 4 and 5)			r Disposed	5. Amour Securitie Beneficia Owned a	s Own		Direct	7. Natur Indirect Benefic Owners	neficial	
				(MOHUI/Day/Tea		5,		Amou		(A) or (D) Price		Issuer's Fiscal Year (Instr. 3 and 4)		Indirect (I) (Instr. 4)		(Instr. 4)	
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)		10. Owners Form: Direct (I or Indirect)	hip of Be D) Ov ect (In	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
					(A)	(D)	Date Exercis	able	Expiration Date	Title	Amount or Number of Shares						
Stock Equivalent	(1)	12/31/2010		A	76 ⁽²⁾		(3)		(3)	Common	n 76	\$0.0000	6,57	71	D		

Explanation of Responses:

- 1. The Stock Units ("Units") convert to Common Stock on a one-for-one basis.
- 2. Units acquired upon reinvestment of dividends accrued on units in the IFF Stock Fund under the company's deferred compensation plan during 2010. The acquisition of units with reinvested dividends is exempt from line item reporting under SEC rule 16a-11.
- 3. Not applicable.

By: Jodie Simon Friedman, attorney in fact

Date

02/08/2011

** Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.