FORM 3

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

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INITIAL STATEMENT OF BENEFICIAL OWNERSHIP OF **SECURITIES**

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(b) of the Investment Company Act of 1940

			01 30	ction 30(n) c	of the investment company Act of 1	J -1 0			
Name and Address of Reporting Person* Haldor Foundation			2. Date of Event Requiring Statement (Month/Day/Year) 03/02/2017 3. Issuer Name and Ticker or Trading Symbol INTERNATIONAL FLAVORS & FRAGRANCES INC [IFF]						
(Last)	(First)	(Middle)			Relationship of Reporting Persi (Check all applicable) Director X	on(s) to Issuer	(Mor	Amendment, Danth/Day/Year)	ate of Original Filed
(Street) SCHAAN (City)	N2 (State)	(Zip)			Officer (give title below)	Other (spec	cify 6. In	icable Line) Form filed by	/Group Filing (Check y One Reporting Person y More than One erson
Table I - Non-Derivative Securities Beneficially Owned									
1. Title of Security (Instr. 4)					2. Amount of Securities Beneficially Owned (Instr. 4)	3. Ownership Form: Direct (D) or Indirect (I) (Instr. 5) 4. Nature of Indirect Beneficial Ownership (Instr. 5)		Beneficial Ownership	
Common Stock					20,300,000	I See		ee footnote ⁽¹⁾	
Table II - Derivative Securities Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)									
1. Title of Derivative Security (Instr. 4)		str. 4)	2. Date Exercisable and Expiration Date (Month/Day/Year)		3. Title and Amount of Securities Underlying Derivative Security (Instr. 4)		4. Conversion or Exercise	5. Ownership Form:	6. Nature of Indirect Beneficial Ownership (Instr. 5)
			Date Exercisable	Expiration Date	Title	Amount or Number of Shares	Price of Derivative Security	Direct (D) or Indirect (I) (Instr. 5)	
6.00% Tangib	le Equity Units	3	(2)	(2)	Common Stock	2,958,500	(2)	I	See footnote ⁽¹⁾
1. Name and Ad	dress of Reporting	g Person*							

1. Name and Address of Reporting Person* Haldor Foundation									
(Last)	(First)	(Middle)							
ZOLLSTRASSE 16									
(Street)									
SCHAAN	N2								
(City)	(State)	(Zip)							
1. Name and Address of Reporting Person* <u>Freemont Capital Pte Ltd</u>									
(Last)	(First)	(Middle)							
#03-00 8 ROBINSON ROAD, ASO BUILDING									
(Street)									
SINGAPORE	U0	048544							
(City)	(State)	(Zip)							

Explanation of Responses:

- 1. The securities are directly held by Winder Investment Pte. Ltd. ("Winder"). Winder is a wholly owned subsidiary of Freemont Capital Pte Ltd. ("Freemont"). Freemont is a wholly owned subsidiary of Haldor Foundation ("Haldor"). Freemont and Haldor each disclaims beneficial ownership of the shares held by Winder except for its pecuniary interest therein.
- 2. Each 6.00% Tangible Equity Unit ("TEU") includes a prepaid stock purchase contract that will automatically settle on September 15, 2021 (the "Settlement Date") (subject to postponement in certain limited circumstances) for between 0.3134 and 0,3839 shares of the Issuer's common stock (subject to adjustment in certain circumstances), based upon the applicable market value of the Issuer's common stock prior to settlement. The Reporting Person may elect to settle the purchase contracts prior to the Settlement Date at the minimum settlement rate of 0.3134 shares of the Issuer's common stock. On or after June 18, 2019 and prior to the Settlement Date, the Issuer may elect to settle the purchase contracts at the maximum settlement rate of 0.3839 shares of the Issuer's common stock. The purchase contracts may also be settled early in connection with certain fundamental changes of the Issuer.

Remarks:

This Form 3 is being filed to add Haldor Foundation and Freemont Capital Pte. Ltd. as Reporting Persons to the Section 16 filings previously made by Winder Investment Pte. Ltd. (CIK: 0001687953). The number of securities reported represent the current holding as of the date of this filing.

/s/ William Lexmond, Director 12/19/2019 of Freemont Capital Pte Ltd. /s/ Sharon Yam, Director of Freemont Capital Pte Ltd.

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 5 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.