FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL									
OMB Number:	3235-028								
Estimated average burden									

0.5

hours per response:

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

				2.1	SSLIEF	Nome													
Name and Address of Reporting Person*  Vaisman Hernan						2. Issuer Name and Ticker or Trading Symbol INTERNATIONAL FLAVORS & FRAGRANCES INC [ IFF ]									of Reportin icable) or r (give title	g Person(s) to Iss		wner	
(Last) (First) (Middle) 521 WEST 57TH STREET					3. Date of Earliest Transaction (Month/Day/Year) 11/30/2010									^ below	Officer (give title Other (specify below) Scroup President, Flavors				
Street) NEW YORK NY 10019 (City) (State) (Zip)						4. If Amendment, Date of Original Filed (Month/Day/Year)								Individual or Joint/Group Filing (Check Applicable Line)     X Form filed by One Reporting Person     Form filed by More than One Reporting Person					
	Tab	le I - Nor	n-Deriva	ative	e Sec	curiti	es Acc	quired,	Disp	osed (	of, o	r Bene	eficial	lly Owne	d				
Date					Day/Year) if a		Execution Date, if any		Transaction Dispos Code (Instr. 5)					Securiti Benefic Owned	5. Amount of Securities Beneficially Owned Following		Direct Indirect str. 4)	7. Nature of Indirect Beneficial Ownership	
								Code	v	Amount	t (A) or (D)		Price	Transaction(s) (Instr. 3 and 4)				(Instr. 4)	
	Т													Owned					
rity or Exercise (Month/Day/Year) if any		Date, 1	Transaction Code (Instr.		of Ex		Expiration		Amount of Securities Underlying			8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)		Ownership Form: Direct (D) or Indirect	Beneficial Ownership (Instr. 4)			
	DRK N  (Si  Conversion or Exercise Price of Derivative	Conversion or Exercise Price of Derivative (Month/Day/Year)	(State) (Zip)  Table I - Nor  Table II - I  Conversion or Exercise Price of Derivative II  (Month/Day/Year)  Table II - I  3A. Deeme Execution if any (Month/Day (Month/Day)	(State) (Zip)  Table I - Non-Deriv  Table I - Non-Deriv  Table II - Derivat (e.g., pt  Conversion or Exercise Price of Derivative  (Month/Day/Year)  Table II - Derivat (e.g., pt)  3. Transaction Date (Month/Day/Year) (Month/Day/Year)  (Month/Day/Year)  Table II - Derivat (e.g., pt)	ST 57TH STREET  ORK NY 10019  (State) (Zip)  Table I - Non-Derivative  Gecurity (Instr. 3)  2. Transaction Date (Month/Day/Year) Conversion or Exercise Price of Derivative Price of Derivative (Month/Day/Year)  3. Transaction Jate (Month/Day/Year) (Month/Day/Year) (Month/Day/Year) (Month/Day/Year) (Month/Day/Year) (Month/Day/Year)	Table I - Non-Derivative Security (Instr. 3)  Table II - Derivative Security (Instr. 3)  Table II - Non-Derivative Security (Instr. 3)	Table II - Derivative Securities (e.g., puts, calls, war (Month/Day/Year)  2. Transaction Date (Month/Day/Year)  Table II - Derivative Securities (e.g., puts, calls, war (Month/Day/Year)  2. Transaction Date (Month/Day/Year)  3. Transaction Date (Month/Day/Year)  3. Deemed Executive Securities (e.g., puts, calls, war (Month/Day/Year)  2. Transaction Date (Month/Day/Year)  3. Deemed Execution Date, if any (Month/Day/Year)  4. Transaction Code (Instr. 8)  5. Number 11/30/2010	Table II - Derivative Securities Acquestian (Month/Day/Year)  Table II - Derivative Securities Acquestian (Month/Day/Year)	Table II - Derivative Securities Acquired, (Month/Day/Year)  Table II - Derivative Securities Acquired, (Month/Day/Year)  Table II - Derivative Securities Acquired, (Month/Day/Year)  Table III - Derivative Securities Acquired, Date (Month/Day/Year)  Table III - Derivative Securities Acquired, Date (E.g., puts, calls, warrants, option)  Table III - Derivative Securities Acquired, Date (Month/Day/Year)  Table III - Derivative Securities Acquired, Date (Month/Day/Year)  Table III - Derivative Securities Acquired (A) or Disposed  Table III - Derivative Securities Acquired (A) or Disposed	Table II - Derivative Securities Acquired, Disposed III - Derivative Securities Acquired (A) or Disposed III - Derivative Security (Month/Day/Year) III - Derivative Securities Acquired (A) or Disposed III - Derivative Securitie	ST 57TH STREET    11/30/2010     4. If Amendment, Date of Original Filed (Month/Day/Rear)   11/30/2010     4. If Amendment, Date of Original Filed (Month/Day/Rear)   2. Transaction Date (Month/Day/Year)   3. Transaction Date (L.g., puts, calls, warrants, options, convertions)   2. Transaction Date (Month/Day/Year)   3. Transaction Date (Month/Day/Year)   5. Number of Date (Month/Day/Year)   6. Date Exercisable and Execution Date (Month/Day/Year)   6. Date	ST 57TH STREET    11/30/2010	ST 57TH STREET  11/30/2010  4. If Amendment, Date of Original Filed (Month/Day/Year)  Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficeurity (Instr. 3)  2. Transaction Date (Month/Day/Year)  Pate (Month/Day/Year)  2. Transaction Date (Month/Day/Year)  Table II - Derivative Securities Acquired, Disposed of (D) (Instr. 8)  Table II - Derivative Securities Acquired, Disposed of (D) (Instr. 8)  Table II - Derivative Securities Acquired, Disposed of, or Benefice.g., puts, calls, warrants, options, convertible securities Acquired (Month/Day/Year)  3. Transaction Date (E.g., puts, calls, warrants, options, convertible securities Acquired (Month/Day/Year)  3. Transaction Date (E.g., puts, calls, warrants, options, convertible securities Acquired (Month/Day/Year)  4. Securities Acquired (Disposed of, or Benefice.g., puts, calls, warrants, options, convertible securities Acquired (A) or (Derivative Securities Acquired (Month/Day/Year) (Month/Day/Year)  2. Conversion of Exercise Price of Derivative Securities Acquired (Month/Day/Year)  3. Transaction Date (E.g., puts, calls, warrants, options, convertible securities Acquired (Month/Day/Year) (Month/Day/Year)  4. Securities Acquired (Disposed of (D) (Instr. 8)  5. Number of Derivative Securities Acquired (Month/Day/Year) (Month/Day/Year)  4. Securities Acquired (Disposed of (D) (Instr. 8)  5. Number of Code (Instr. 8)  6. Date Exercisable and Expiration Date (Month/Day/Year)  7. Title and Amount of Securities Acquired (A) or (D)	ST 57TH STREET    11/30/2010     4. If Amendment, Date of Original Filed (Month/Day/Year)   6. I Lin	ST 57TH STREET    11/30/2010     4. If Amendment, Date of Original Filed (Month/Day/Year)     6. Individual or Line)     X Form Person     Security (Instr. 3)     2. Transaction Date (Month/Day/Year)     2. Transaction Date (Month/Day/Year)	Security (Instr. 3)  Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned  Security (Instr. 3)  Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)  Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)  Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)  Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)  Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)  Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)  Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)  Table II - Derivative Securities Acquired (A) or Date (Instr. 8)  Table II - Derivative Securities (Instr. 8)  Table II - Derivative Security (Instr. 3)  Table II - Derivative Security (Instr. 3)	Security (Instr. 3)  Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned  (Sate)  Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned  (Sate)  Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned  Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned  Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned  (Ronth/Day/Year)  Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned  (Ronth/Day/Year)  Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned  (Ronth/Day/Year)  Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned  (Ronth/Day/Year)  Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned  (Ronth/Day/Year)  Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned  (Ronth/Day/Year)  Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned  (Ronth/Day/Year)  Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned  (Ronth/Day/Year)  Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned  (Ronth/Day/Year)  Table II - Derivative Securities  Table II - Derivative Security  Table II - Derivat	A. If Amendment, Date of Original Filed (Month/Day/Year)  (State) (Zip)  Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned  (Month/Day/Year) (Month/Day/Year)  Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned  Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)  Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)  Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)  Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)  Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)  Solve II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)  Solve II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)  Solve II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)  Solve II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)  Solve II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)  Solve II - Derivative Securities Acquired, Disposed of, Original Filed (Month/Day/Year) (infart, 3, 4 and 5, 5, Amount of Securities Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)  Solve II - Derivative Securities Acquired, Disposed of (D) (Instr. 4)  Solve Following Reported Transaction (I) (Instr. 4)  Solve Following A	

## **Explanation of Responses:**

(1)

Stock

Equivalent

1. The Stock Units ("Units") convert to Common Stock on a one-for-one basis.

11/30/2010

2. Units under the Company's deferred compensation plan resulting from (a) deferral of compensation and Company match (in shares), (b) premium (in shares) to participants deferring compensation into Units and (c) dividends (in shares) on Units. 15 of the acquired Units are subject to vesting based on employment through December 31, 2011.

Date

Exercisable

(2)

By: Dennis Meany, attorney in

or Number

of Shares

74

\$52.52

**fact** 

Title

Common

Stock

Expiration

(2)

Date

\*\* Signature of Reporting Person

12/01/2010 Date

4,441

D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

12/01/2010

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Code ٧ (A) (D)

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.