FORM 4

obligations may continue. See Instruction 1(b).

Check this box if no longer subject to Section 16. Form 4 or Form 5

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Washington, D.C. 20040

STATEMENT OF CHANGES IN BENEFICIAL	OWNERSHIP

OMB APPROVAL

OMB Number: 3235-0287

Estimated average burden hours per response: 0.5

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* MIRZAYANTZ NICOLAS (Last) (First) (Middle) 521 WEST 57TH STREET					2. Issuer Name and Ticker or Trading Symbol INTERNATIONAL FLAVORS & FRAGRANCES INC [IFF] 3. Date of Earliest Transaction (Month/Day/Year) 03/27/2012								(Ch	eck all ap Dire X Offic belo	plicable) ctor eer (give title w)		Owner r (specify v)		
(Street) NEW YO (City)			10019 e) (Zip)					4. If Amendment, Date of Original Filed (Month/Day/Year)								ridual or Joint/Group Filing (Check Applicable Form filed by One Reporting Person Form filed by More than One Reporting Person			
		Tabl	e I - No	n-Deriv	ative	Sec	curitie	s Ac	quired,	Dis	posed o	f, or E	3ene	ficial	ly Own	ed			
1. Title of Security (Instr. 3) 2. Transac Date (Month/Date)					Execution Date,			3. Transaction Code (Instr. 8) 4. Securition Disposed (5)						Secur	icially d Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
								Code	v	Amount	(A)	or	Price	Trans	action(s) 3 and 4)		(11150.4)		
Common Stock (03/27	//2012				F		7,852	1)]	D	\$58.6	2	74,677	D			
		Та									sed of, onvertib				Owned				
Derivative Conversion Date		3. Transaction Date (Month/Day/Year) (Month/Day/Year) (Month/		n Date,	4. Transaction Code (Instr. 8)				6. Date Expiratic (Month/L		7. Title and Amount of Securities Underlying Derivative Security (Instr. and 4) Amour or Numbe of		ount	i. Price of Derivative Security Instr. 5)		Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)		

Explanation of Responses:

1. Securities withheld for tax liability on vesting of Purchased Restricted Stock.

By: Jodie Simon Friedman, attorney in fact

03/29/2012

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.