FORM 5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Machinatan	D C	20540
Washington,	D.C.	20549

OWNERSHIP

ANNUAL STATEMENT OF CHANGES IN BENEFICIAL

OMB APPROVAL								
OMB Number:	3235-0362							
Estimated average burden								
hours per response:	1.0							

Form 3 Holdings Reported.

Instruction 1(b)

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Form 4	Transactions	Reported.	Fil	ed pursuant t or Sectio					rities Excha Company Ac								
1. Name and Address of Reporting Person* Buck Linda B				2. Issuer Name and Ticker or Trading Symbol INTERNATIONAL FLAVORS &							5. Relationship of Reporting Person(s) to Issuer (Check all applicable)						
Buck Liliud D				FRAG	FRAGRANCES INC [IFF]						X Direct	or r (give title			Owner er (specify		
(Last) (First) (Middle) 521 WEST 57TH STREET					3. Statement for Issuer's Fiscal Year Ended (Month/Day/Year) 12/31/2013						/ear)	below) below)					
(Street) NEW YORK NY 10019					4. If Amendment, Date of Original Filed (Month/Day/Year)						6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting						
(City)	(S	ate) ((Zip)		Person Person									operung			
		Tab	le I - Non-Deri	vative Sec	uritie	s Ac	cquire	d, Di	sposed	of, or E	Beneficia	lly Owne	d				
Date (Month/Day/Year)			Execution D	if any Code		4. Securities Acquired (A) or Dispos of (D) (Instr. 3, 4 and 5)			or Disposed	Securities Beneficially		6. Ownership Form: Direct		7. Nature of Indirect Beneficial			
			(Month/Day	/Year) 8)		8)		nt	(A) or (D)	Price	Issuer's F	Owned at end of Issuer's Fiscal Year (Instr. 3 and 4)			Ownership (Instr. 4)		
		Т	able II - Deriva (e.g., ¡	ative Secu outs, calls								y Owned					
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	Date Execution (Month/Day/Year) if any	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s (Instr. 4)		10. Owners Form: Direct (I or Indire (I) (Instr	Beneficial Ownership ect (Instr. 4)		
					(A)	(D)	Date Exercis	sable	Expiration Date	Title	Amount or Number of Shares						
Stock Equivalent	(1)	12/31/2013		A	117 ⁽²⁾		(3)		(3)	Commo		\$0.0000	9,3	24	D		

Explanation of Responses:

- 1. The Stock Units ("Units") convert to Common Stock on a one-for-one basis.
- 2. Units acquired upon reinvestment of dividends accrued on Units under the Company's deferred compensation plan during 2013. The acquisition of Units with reinvested dividends is exempt from line item reporting under SEC Rule 16a-11.
- 3. The Units are payable in Common Stock upon retirement or other termination of directorship.

By: Joseph F. Leightner, attorney in fact

** Signature of Reporting Person Date

01/30/2014

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.