FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, I	D.C.	20549
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STATEMENT	OF CHANGES I	N BENEFICIAL	OWNERSHIP

UNID APPRO	JVAL						
OMB Number:	3235-0287						
Estimated average burden							
hours per response:	0.5						

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

MEAN (Last)	Y DENN	irst)	(Middle)		Issuer Name and Ticker or Trading Symbol INTERNATIONAL FLAVORS & FRAGRANCES INC [IFF] Date of Earliest Transaction (Month/Day/Year) 05/11/2007						(Chec	below) SVF	give title	10% Ow Other (s below) & Sec'y	ner		
(Street) NEW Y(Y tate)	10019 (Zip)		4. If Amendment, Date of Original Filed (Month/Day/Year)							ndividual or Joint/Group Filing (Check Applicable e) X Form filed by One Reporting Person Form filed by More than One Reporting Person					
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																	
Date			2. Transa Date (Month/Da	Execution Date,		3. Transaction Code (Instr 8)	4. Securities Acquired (A) of Disposed Of (D) (Instr. 3, 4		(A) or 3, 4 and 5)	5. Amount of Securities Beneficially Owned Follo		Form:	Direct Indirect It. 4)	7. Nature of ndirect Beneficial Ownership (Instr. 4)			
								Code V	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)					
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																	
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date if any (Month/Day/Ye	Cod	ansaction Derivative		6. Date Exercisable and Expiration Date (Month/Day/Year) (Month/Day/Year) (Month/Day/Year) (Instr. 3 and 4)		ies g Security	8. Price of Derivative Security (Instr. 5)	9. Numbe derivative Securities Beneficial Owned Following Reported Transactio	Ownersh Form: Direct (D) or Indirect (I) (Instr.	Ownership	Beneficial Ownership t (Instr. 4)			
				Cod	e V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		(Instr. 4)	on(s)			
Restricted Stock Units	\$0 ⁽¹⁾	05/11/2007		D			10,634	05/11/2007	05/11/2007	Common Stock	10,634	\$0	0		D		
Stock Equivalent Unit	\$0 ⁽²⁾	05/11/2007		A		10,634		(3)	(3)	Common Stock	10,634	\$0	15,01	7	D		

Explanation of Responses:

- 1. The Restricted Stock Units convert to Common Stock on a one-for-one basis.
- 2. The Stock Units ("Units") convert to Common Stock on a one-for-one basis.
- 3. The reporting person is receiving 10,634 Stock Equivalent Units ("Units") under the Company's deferred compensation plan resulting from the vesting of 10,634 restricted stock units which are being deferred. The Units are payable in Common Stock at the end of the deferral.

Remarks:

Dennis M. Meany

05/14/2007

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.