FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL									
OMB Number:	3235-0287								
Estimated average I	ourden								

0.5

hours per response:

	Check this box if no longer subject to
٦.	Section 16. Form 4 or Form 5
)	obligations may continue. See
	Instruction 1(h)

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

					or S	sectio	n 30(n)	of the	investme	ent Co	mpany Act	of 1940						
1. Name and Address of Reporting Person [*] <u>Hendricks Kimberly A.</u>					IN	2. Issuer Name and Ticker or Trading Symbol INTERNATIONAL FLAVORS & FRAGRANCES INC [IFF]									k all ap Dire	olicable) ctor		Owner
(Last) 521 WES	Last) (First) (Middle) 521 WEST 57TH STREET				3. D	3. Date of Earliest Transaction (Month/Day/Year) 03/13/2008									Officer (give title below)		otner below troller	(specify)
(Street) NEW YO	EW YORK NY 10019				4. If	4. If Amendment, Date of Original Filed (Month/Day/Year)									lividual or Joint/Group Filing (Check Applicable Form filed by One Reporting Person Form filed by More than One Reporting Person			
		Tabl	e I - No	n-Deriv	ative	Sec	uritie	s Ac	quired	l, Dis	sposed o	f, or I	3ene	ficially	Own	ed		
1. Title of Security (Instr. 3) 2. Transacti Date (Month/Day					Execution Date,			3. Transaction Code (Instr. 8) 4. Securities Acquii Disposed Of (D) (Instr. 8)					Secur Benef	icially d Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
									Code	v	Amount	(A) (D)	(A) or (D) Price		Trans	action(s) 3 and 4)		(111511.4)
Common Stock 03/13/2				2008	.008		J ⁽¹⁾		20	A \$11		11.55 ⁽²⁾		82(3)	D			
		Та	ıble II -								osed of, convertib				wned			
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security		3A. Deer Execution if any (Month/I	on Date,	4. Transa Code (8)		of Deriv	r osed) :. 3, 4	6. Date Exerci Expiration Da (Month/Day/Yo		te ear)	7. Title and Amount of Securities Underlying Derivative Security (In and 4)		tr. 3	Price of erivative ecurity nstr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
					Code	v	(A)	(D)	Date Exercis	able	Expiration Date	Title	of Shar	es				

Explanation of Responses:

- 1. Acquisition of Units under IFF's 401(k) Plan.
- 2. Price of Units in the Vanguard IFF Stock Fund under the 401(k) Plan.
- 3. Includes 82 Units held under the 401(k) Plan. The information is presented as of March 14, 2008.

Remarks:

By: Dennis Meany, attorney in 63/14/2008

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.