FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL									
OMB Number:	3235-0287								
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* Fibig Andreas						2. Issuer Name and Ticker or Trading Symbol INTERNATIONAL FLAVORS & FRAGRANCES INC [IFF]									lationship o ck all applic Director	able)	g Perso	10% Ov	vner
(Last) (First) (Middle) 521 WEST 57TH STREET					3. Date of Earliest Transaction (Month/Day/Year) 05/03/2011										below)	Officer (give title below)		Other (s below)	specify
(Street) NEW YO		Y state)	10019 (Zip)	4.	4. If Amendment, Date of Original Filed (Month/Day/Year)									6. Inc Line)					1
	<u> </u>	Ta	ble I - Non-De	erivativ	ve Se	ecuriti	es A	Acqu	uired, C)isp	osed of	, or Ber	ef	icially	Owned				
1. Title of Security (Instr. 3) 2. Transa Date (Month/D				9	Execution Date			,	e, Transaction Dis Code (Instr. 5)			Securities Acquired (A) isposed Of (D) (Instr. 3, 4			5. Amoun Securities Beneficia Owned Fo	lly ollowing	Form:	Direct Indirect str. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
									Code	v	Amount	(A) or (D)	Price		Transaction(s) (Instr. 3 and 4)				(111511.4)
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Code (8)		of		Exp	ate Exerci iration Da nth/Day/Yo	te	7. Title and Amount of Securities Underlying Derivative Sec (Instr. 3 and 4)			8. Price of Derivative Security (Instr. 5)	9. Numbe derivative Securities Beneficia Owned Following Reported Transacti (Instr. 4)	e Cos Fully Do	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
				Code	v	(A)	(D)	Date Exe	e rcisable	Ex Da	piration te	Title	Or No	umber					
Restricted Stock Units	(1)	05/03/2011		A		1,585		05/0)3/2014 ⁽¹⁾	05	/03/2014 ⁽¹⁾	Common Stock	1	,585	\$0.0000	1,585	5	D	

Explanation of Responses:

1. Restricted Stock Units ("RSUs") granted under the Non-Employee Director Compensation Program. The RSUs must be deferred on vesting and are not payable until retirement or other termination of directorship. The RSUs convert to Common Stock on a one-for-one basis.

By: Jodie Simon Friedman, attorney in fact

** Signature of Reporting Person Date

05/05/2011

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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