FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL								
OMB Number:	3235-0287							

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

				(or Sect	ion 30	(h) of t	he Inv	estment	Com	ipany Act o	f 1940			respo	nse:		0.5	
1. Name and Address of Reporting Person* BLOCK STEPHEN A				<u> </u>	2. Issuer Name and Ticker or Trading Symbol INTERNATIONAL FLAVORS & FRAGRANCES INC [IFF]								(Che	eck all applic Director			on(s) to Issu 10% Ow Other (s	ner	
(Last)	(Fi	irst)	(Middle)		3. Date of Earliest Transaction (Month/Day/Year) 05/29/2003								below)	enior Vice Pre		below)			
(Street)				4.	4. If Amendment, Date of Original Filed (Month/Day/Year)								Line	6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person					
(City)	(S	tate)	(Zip)									Form filed by More than One Reporting Person							
		Tal	ble I - Non-De	rivativ	ve Se	curit	ties /	Acqu	iired, D	isp	osed of	, or Ben	eficiall	y Owned					
1. Title of Security (Instr. 3) 2. Transa Date (Month/D			!	Execution Dat			Code (Instr. 5)			es Acquired Of (D) (Insti	i (A) or : 3, 4 and	5. Amoun Securities Beneficia Owned Fo	s Foo Illy (D) ollowing (I) (Direct I Indirect I str. 4)	7. Nature of Indirect Beneficial Ownership			
								Code \	,	Amount	(A) or (D)	Price	Reported Transacti (Instr. 3 a	on(s)			Instr. 4)		
			Table II - Deri (e.g.								sed of, onvertib			Owned					
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year	4. Transaction Code (Instr. 8)		of		Expir	tte Exerci: ration Dat tth/Day/Ye	te	e and 7. Title and Amount of Securities Underlying Derivative Sec (Instr. 3 and 4)		f G Security	8. Price of Derivative Security (Instr. 5)	9. Numbe derivative Securities Beneficia Owned Following Reported Transacti (Instr. 4)	e s ally g	Ownership Form: Direct (D) or Indirect (I) (Instr. 4	Beneficial Ownership (Instr. 4)	
				Code	v	(A)	(D)	Date Exerc	cisable	Exp Dat	piration te	Title	Amount or Number of Shares						
Stock Equivalent Unit	0 ⁽¹⁾	05/29/2003	05/30/2003	A		42		08/08	B/1988 ⁽²⁾	08/0	08/1988 ⁽²⁾	Common Stock	42	\$31.48	330		D		

Explanation of Responses:

- 1. The Stock units ("Units") convert to Common Stock on a one-for-one basis.
- 2. Units under the Company's deferred compensation plan resulting from (a) deferral of compensation and Company match (in shares), (b) premium (in shares) to participants deferring compensation into Units and (c) dividends (in shares) on Units. 8 of the acquired Units are subject to vesting based on employment through December 31, 2004.

DENNIS M. MEANY, 05/30/2003 Attorney-in-fact

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.