FORM 5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Machineton	D C	20540
Vashington,	D.C.	20549

ANNUAL STATEMENT OF CHANGES IN BENEFICIAL **OWNERSHIP**

OMB APPR	OVAL						
OMB Number:	3235-0362						
Estimated average burden							
hours per response:	1.0						

Form 3 Holdings Reported

Instruction 1(b)

Form 4	Transactions	Reported.	Fil	ed pursuant to or Section					rities Excha Company Ac								
1. Name and Address of Reporting Person* MARTINEZ ARTHUR C				INTER	2. Issuer Name and Ticker or Trading Symbol INTERNATIONAL FLAVORS & FRAGRANCES INC [IFF]							5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner					
(Last) (First) (Middle) 521 WEST 57TH STREET				3. Statem	3. Statement for Issuer's Fiscal Year Ended (Month/Day/Year) 12/31/2012							Office below	er (give title v)		Other (specify below)		
(Street) NEW YO	ORK N	4. If Amer	4. If Amendment, Date of Original Filed (Month/Day/Year)							6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person							
		Tab	le I - Non-Deri	vative Sec	curitie	s Ac	quire	d, Di	sposed (of, or I	Beneficia	lly Owne	d				
Date E (Month/Day/Year)			Execution D							or Disposed	5. Amour Securitie Beneficia Owned a	es Owne ally Form		ership Indi : Direct Ben		lature of irect neficial nership	
			(monanga)			,	Amount ((A) or (D)	Price	Issuer's I Year (Ins 4)	Fiscal Indire		ct (I) (Inst			
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	Execution Date, Transaction of		tive ties red	Expirati	6. Date Exercisable and Expiration Date (Month/Day/Year) (Month/Day/Year) T. Title and Amount of Securities Underlying Derivative Secu (Instr. 3 and 4)			t of ies ying ive Security	8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)		10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		11. Nature of Indirect Beneficial Ownership (Instr. 4)	
					(A)	(D)	Date Exercisa	able	Expiration Date	Title	Amount or Number of Shares	ber					
Stock Equivalent	(1)	12/31/2012		A	746 ⁽²⁾		(3)		(3)	Commo		\$0.0000	28,7	777	D		

Explanation of Responses:

- 1. The Stock Units ("Units") convert to Common Stock on a one-for-one basis.
- 2. Units acquired upon reinvestment of dividends accrued on Units under the Company's deferred compensation plan during 2012. The acquisition of Units with reinvested dividends is exempt from line item reporting under SEC Rule 16a-11.
- 3. The Units are payable in Common Stock upon retirement or other termination of directorship.

By: Jodie Simon Friedman, attorney in fact

02/11/2013

** Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.